

PUBLIC AND MENTAL HEALTH COMMISSION AGENDA

Associated Students

4/6/2020, 3:00 PM

Zoom

CALL TO ORDER by Jagruti Kolla on this date 04/06/2020 at 3:05 pm

A. MEETING BUSINESS

A-1. Roll Call (Pre-entered Names)

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Adalis Rojas	Present	Katerine Soltelo	Present 3:15pm
Britney Walton	Present	Leela Ray	Present
Chassidie Liu	Present	Michelle Salve	Present
Christopher Pantin	Absent	Ruiqi Yang	Present
Jagruti Kolla	Present	Jenna Warner	Present 3:24pm
Karly Laffer	Present		

A-2. Acceptance of Excused Absences

MOTION/SECOND: Michelle/ Karly

Vote: 8-0 APPROVE

A-3. Acceptance of Proxies

MOTION/SECOND:

Vote:

B. PUBLIC FORUM

C. REPORTS

C-1. Co-Chair Report(s)

- ❖ Quarterly Activities
 - Social Media
 - get more active and build our followers
 - provide resources
 - Recruiting New Members
 - Fall Quarter Ideas
 - Advertise at the Fun & Fit event

C-2. Advisor's Report

- ❖ Getting positions filled for next year
- ❖ Campus is wanting all groups to use Shoreline

- Share calendars, post events, share events
- Want it to be a main point for folks to find information
- Campus wide emails: use Shoreline
- Make public meeting/ office hours
- AS Webpage: Spring Quarter Status
- Requisition: we can use funds, but Finance and Business is not doing the funding requests
 - Requisition process: listed on AS homepage

C-3. Executive Officer Report(s)

C-4. Group Project/Member Report(s)

❖ Adalis

- Updating our website/ getting it started
- Dispersing Ally's old duties between all of us
 - adding stuff to social media
- We are still receiving spring honorarium
- Respond to posts on Slack
- Compiling a resource list

❖ Chassidie

- May: Mental Health Awareness Month
- April: Sexual Assault Awareness Month

❖ Karly

- Increase social media outreach

❖ Kathy

- Got in contact with the Drug & Alcohol Program Coordinator, will be getting a meeting ready

❖ Leela

- Idea: host a couple workshops -- what it is like to be home -- help make the transition home

❖ Michelle

- Period Pantry

❖ Rachel

- Work with OISS: Fall quarter orientation// collab with CAPS

❖ Britney

- Getting together nutrition resources

❖ Jenna

- Try to provide students with resources
 - Poll students to see what they need the most
- Fight for reduced tuition

D. ACCEPTANCE of AGENDA/CHANGES to AGENDA

MOTION/SECOND: Kathy/ Karly

Vote: 9-0 APPROVE

E. ACCEPTANCE of ACTION SUMMARY/MINUTES

E-1. Approval of our Action Summary/Minutes from 3/5/2020

MOTION/SECOND: Karly/ Kathy

Vote: 9-0 APPROVE

F. ACTION ITEMS

F-1. Old Business:

a. Approval/Consideration of

MOTION/SECOND:

Vote

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required?

F-2 New Business

a. Approval/Consideration of

MOTION/SECOND:

Vote:

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required?

G. DISCUSSION ITEMS

- ❖ Committee of Student Wellbeing
 - Need help restocking on menstrual products
 - Come in during Public Forum in the Fall and present their inquiry
- ❖ Use food to boost our immunity, food as medicine
- ❖ Tips on how to handle online classes
 - flashcards on quizlet, online white boards, google hangouts, google calendar, mellow apps to help you relax after online classes/ midterms
- ❖ Tips to keep people motivated with online classes
- ❖ Running google doc for those that need groups in certain classes
- ❖ Tips on how to manage stress & anxiety
 - How difficult it is for people to be alone, learning to be alone by ourselves
- ❖ Face masks & gloves: delivering to people's homes
 - reallocating our money for crisis relief? → we would need to vote
 - advising AS entities to not use their money

H. REMARKS

ADJOURNMENT at 4:04 PM

MOTION/SECOND: Leela/ Kathy

Vote: 10-0