PUBLIC AND MENTAL HEALTH COMMISSION AGENDA

Associated Students
4/6/2020, 3:00 PM
Zoom

CALL TO ORDER by Jagruti Kolla on this date 04/06/2020 at 3:05 pm

A. MEETING BUSINESS

A-1. Roll Call (Pre-entered Names)

<table>
<thead>
<tr>
<th>Name</th>
<th>Note:</th>
<th>Name</th>
<th>Note:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adalis Rojas</td>
<td>Present</td>
<td>Katerine Soltelo</td>
<td>Present 3:15pm</td>
</tr>
<tr>
<td>Britney Walton</td>
<td>Present</td>
<td>Leela Ray</td>
<td>Present</td>
</tr>
<tr>
<td>Chassidie Liu</td>
<td>Present</td>
<td>Michelle Salve</td>
<td>Present</td>
</tr>
<tr>
<td>Christopher Pantin</td>
<td>Absent</td>
<td>Ruiqi Yang</td>
<td>Present</td>
</tr>
<tr>
<td>Jagruti Kolla</td>
<td>Present</td>
<td>Jenna Warner</td>
<td>Present 3:24pm</td>
</tr>
<tr>
<td>Karly Laffer</td>
<td>Present</td>
<td></td>
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</tr>
</tbody>
</table>

A-2. Acceptance of Excused Absences

MOTION/SECOND: Michelle/ Karly
Vote: 8-0 APPROVE

A-3. Acceptance of Proxies

MOTION/SECOND:
Vote:

B. PUBLIC FORUM

C. REPORTS

C-1. Co-Chair Report(s)
   - Quarterly Activities
     - Social Media
       - get more active and build our followers
       - provide resources
     - Recruiting New Members
     - Fall Quarter Ideas
     - Advertise at the Fun & Fit event

C-2. Advisor’s Report
   - Getting positions filled for next year
   - Campus is wanting all groups to use Shoreline
➢ Share calendars, post events, share events
➢ Want it to be a main point for folks to find information
➢ Campus wide emails: use Shoreline
➢ Make public meeting/ office hours
➢ AS Webpage: Spring Quarter Status
➢ Requisition: we can use funds, but Finance and Business is not doing the funding requests
   ■ Requisition process: listed on AS homepage

C-3. **Executive Officer Report(s)**
C-4. **Group Project/Member Report(s)**

❖ **Adalis**
   ➢ Updating our website/ getting it started
   ➢ Dispersing Ally’s old duties between all of us
      ■ adding stuff to social media
   ➢ We are still receiving spring honorarium
   ➢ Respond to posts on Slack
   ➢ Compiling a resource list

❖ **Chassidie**
   ➢ May: Mental Health Awareness Month
   ➢ April: Sexual Assault Awareness Month

❖ **Karly**
   ➢ Increase social media outreach

❖ **Kathy**
   ➢ Got in contact with the Drug & Alcohol Program Coordinator, will bet getting a meeting ready

❖ **Leela**
   ➢ Idea: host a couple workshops -- what it is like to be home -- help make the transition home

❖ **Michelle**
   ➢ Period Pantry

❖ **Rachel**
   ➢ Work with OISS: Fall quarter orientation// collab with CAPS

❖ **Britney**
   ➢ Getting together nutrition resources

❖ **Jenna**
   ➢ Try to provide students with resources
      ■ Poll students to see what they need the most
   ➢ Fight for reduced tuition

D. **ACCEPTANCE of AGENDA/CHANGES to AGENDA**

*MOTION/SECOND: Kathy/ Karly*
*Vote: 9-0 APPROVE*
E. ACCEPTANCE of ACTION SUMMARY/MINUTES

E-1. Approval of our Action Summary/Minutes from 3/5/2020

MOTION/SECOND: Karly/ Kathy
Vote: 9-0 APPROVE

F. ACTION ITEMS

F-1. Old Business:
   a. Approval/Consideration of

   MOTION/SECOND:
   Vote
   Advisor/Staff recommendation/instruction/request:
   Responsible for Follow-through:
   Additional approval required?

F-2 New Business
   a. Approval/Consideration of

   MOTION/SECOND:
   Vote:
   Advisor/Staff recommendation/instruction/request:
   Responsible for Follow-through:
   Additional approval required?

G. DISCUSSION ITEMS

❖ Committee of Student Wellbeing
   ➢ Need help restocking on menstrual products
   ➢ Come in during Public Forum in the Fall and present their inquiry
❖ Use food to boost our immunity, food as medicine
❖ Tips on how to handle online classes
   ➢ flashcards on quizlet, online white boards, google hangouts, google calendar, mellow apps to help you relax after online classes/ midterms
❖ Tips to keep people motivated with online classes
❖ Running google doc for those that need groups in certain classes
❖ Tips on how to manage stress & anxiety
   ➢ How difficult it is for people to be alone, learning to be alone by ourselves
❖ Face masks & gloves: delivering to people’s homes
   ➢ reallocating our money for crisis relief? → we would need to vote
   ➢ advising AS entities to not use their money

H. REMARKS
ADJOURNMENT at 4:04 PM
MOTION/SECOND: Leela/ Kathy
Vote: 10-0