

PUBLIC AND MENTAL HEALTH COMMISSION AGENDA

Associated Students

4/20/2020, 5PM

Zoom

CALL TO ORDER by Jagruti Kolla on this date 04/20/2020 at 5:01 pm

A. MEETING BUSINESS

A-1. Roll Call (Pre-entered Names)

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Adalis Rojas	Present	Katerine Soltelo	Present (5:08)
Britney Walton	Present	Leela Ray	Present
Chassidie Liu	Present	Michelle Salve	Present
Christopher Pantin	Absent (excused)	Ruiqi Yang	Present
Jagruti Kolla	Present	Jenna Warner	Present
Karly Laffer	Absent (excused)		

A-2. Acceptance of Excused Absences

MOTION/SECOND: Jenna/ Michelle

Vote: 8-0

A-3. Acceptance of Proxies

MOTION/SECOND:

Vote:

B. PUBLIC FORUM

- Discussion about creating video content regarding mental health (Jenna's Dad)
 - producer/ director both animated and live action
 - looking into the education market, developing content for mental/ behavioral health topics
 - want to make it for the intended audience (college students)
 - can be used for orientation could be done in a short to 5-6 weeks
 - colleges are hungry for mental health education, especially in videos
 - continue this content for the future students of UCSB
 - some content we might pursue:
 - animated shorts
 - overcoming of seeking mental health services
 - EX: toothache, see a dentist
 - create some kind of allegory
 - how to be a supportive friend
 - proper eating ages
 - drug/ alcohol

- bullying/ violence
- test anxiety
- overcoming procrastination
- LGBTQ
- Could we involve the UCSB student body in drawings/ animations?
 - need to know what they are doing and can meet the timelines
- How much would it cost?
 - start doing 2 or 3 at the start
 - better to do 1 thing per video not 2 to 3 topics per video
 - ~\$25,000-\$35,000 (but with this money try to make 2, 3, or 4 videos)
 - learn the process along the way -- it will get cheaper
 - ~\$5,000-\$10,000 per video

C. REPORTS

C-1. Co-Chair Report(s)

- ❖ Co-chair elections- candidates will give a 2-3 minute speech
- ❖ Building an Instagram following
- ❖ Post Schedule

C-2. Advisor's Report

- ❖ Requisition process website up but the requisition form is not ready to download yet
 - <https://www.as.ucsb.edu/requisition-form/#>
- ❖ AS Elections started today!
- ❖ Add co-chairs to the agenda

C-3. Executive Officer Report(s)

C-4. Group Project/Member Report(s)

❖ **Adalis**

- Student Mental Health Task Force
- Help Active Minds w/ study hours
- Creating a Mental Health Conference for freshman

❖ **Britney**

- Update on website
- Pandemic Pen Pal project w/ Chris
 - Email or traditional letter writing
 - Budget: 40 people?

❖ **Chassidie**

- IG Captions -- double checks and post on GroupMe before posting

❖ **Kathy**

- Collaboration with AS Food Bank

❖ **Leela**

- Meeting tomorrow regarding the Mutual Aid Fund
- Provide people with the tools to make face masks
- IG videos about how to cook for cheap, maybe even utilizing AS Food Bank weekly products

❖ **Rachel**

- CSSA: offer each international students (who are interested) 3 free sessions in English or Mandarin
- OISS: Q & A session, how to do a transition period from high school to college

❖ **Jenna**

- Idea with her dad, have an answer by next week

D. ACCEPTANCE of AGENDA/CHANGES to AGENDA

MOTION/SECOND: Jenna/ Michelle

Vote: 9-0

E. ACCEPTANCE of ACTION SUMMARY/MINUTES

E-1. Approval of our Action Summary/Minutes from 4/15/2020

MOTION/SECOND: Leela/ Michelle

Vote: 9-0

F. DISCUSSION ITEMS

- ❖ Speeches for Co-Chair Candidates
- ❖ AS Food Bank
 - purchase masks & hand sanitizers & emergency-C (that medicine), gloves
 - could transfer money to them so they can buy more produce

G. REMARKS

ADJOURNMENT at 6:32pm

MOTION/SECOND: Adalis/ Jenna

Vote: 9-0