PUBLIC AND MENTAL HEALTH COMMISSION AGENDA

Associated Students

4/20/2020, 5PM

Zoom

CALL TO ORDER by Jagruti Kolla on this date 04/20/2020 at 5:01 pm

A. MEETING BUSINESS

A-1. Roll Call (Pre-entered Names)

<table>
<thead>
<tr>
<th>Name</th>
<th>Note: absent (excused/not excused)</th>
<th>Name</th>
<th>Note: absent (excused/not excused)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adalis Rojas</td>
<td>Present</td>
<td>Katerine Soltelo</td>
<td>Present (5:08)</td>
</tr>
<tr>
<td>Britney Walton</td>
<td>Present</td>
<td>Leela Ray</td>
<td>Present</td>
</tr>
<tr>
<td>Chassidie Liu</td>
<td>Present</td>
<td>Michelle Salve</td>
<td>Present</td>
</tr>
<tr>
<td>Christopher Pantin</td>
<td>Absent (excused)</td>
<td>Ruiqi Yang</td>
<td>Present</td>
</tr>
<tr>
<td>Jagruti Kolla</td>
<td>Present</td>
<td>Jenna Warner</td>
<td>Present</td>
</tr>
<tr>
<td>Karly Laffer</td>
<td>Absent (excused)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A-2. Acceptance of Excused Absences

MOTION/SECOND: Jenna/ Michelle

Vote: 8-0

A-3. Acceptance of Proxies

MOTION/SECOND:

Vote:

B. PUBLIC FORUM

- Discussion about creating video content regarding mental health (Jenna’s Dad)
  - producer/director both animated and live action
  - looking into the education market, developing content for mental/behavioral health topics
    - want to make it for the intended audience (college students)
  - can be used for orientation could be done in a short to 5-6 weeks
  - colleges are hungry for mental health education, especially in videos
  - continue this content for the future students of UCSB
  - some content we might pursue:
    - animated shorts
    - overcoming of seeking mental health services
      - EX: toothache, see a dentist
    - create some kind of allegory
    - how to be a supportive friend
    - proper eating ages
    - drug/ alcohol
- bullying/ violence
- test anxiety
- overcoming procrastination
- LGBQT
  - Could we involve the UCSB student body in drawings/ animations?
    - need to know what they are doing and can meet the timelines
  - How much would it cost?
    - start doing 2 or 3 at the start
    - better to do 1 thing per video not 2 to 3 topics per video
    - ~$25,000-$35,000 (but with this money try to make 2, 3, or 4 videos)
      - learn the process along the way -- it will get cheaper
    - ~$5,000-$10,000 per video

C. REPORTS

C-1. Co-Chair Report(s)
- Co-chair elections- candidates will give a 2-3 minute speech
- Building an Instagram following
- Post Schedule

C-2. Advisor’s Report
- Requisition process website up but the requisition form is not ready to download yet
  - https://www.as.ucsb.edu/requisition-form/
- AS Elections started today!
- Add co-chairs to the agenda

C-3. Executive Officer Report(s)

C-4. Group Project/Member Report(s)

- Adalis
  - Student Mental Health Task Force
  - Help Active Minds w/ study hours
  - Creating a Mental Health Conference for freshman

- Britney
  - Update on website
  - Pandemic Pen Pal project w/ Chris
    - Email or traditional letter writing
    - Budget: 40 people?

- Chassidie
  - IG Captions -- double checks and post on GroupMe before posting

- Kathy
  - Collaboration with AS Food Bank

- Leela
  - Meeting tomorrow regarding the Mutual Aid Fund
  - Provide people with the tools to make face masks
  - IG videos about how to cook for cheap, maybe even utilizing AS Food Bank weekly products
Rachel
➢ CSSA: offer each international students (who are interested) 3 free sessions in English or Mandarin
➢ OISS: Q & A session, how to do a transition period from high school to college

Jenna
➢ Idea with her dad, have an answer by next week

D. ACCEPTANCE of AGENDA/CHANGES to AGENDA

MOTION/SECOND: Jenna/ Michelle
Vote: 9-0

E. ACCEPTANCE of ACTION SUMMARY/MINUTES

E-1. Approval of our Action Summary/Minutes from 4/15/2020

MOTION/SECOND: Leela/ Michelle
Vote: 9-0

F. DISCUSSION ITEMS

❖ Speeches for Co-Chair Candidates
❖ AS Food Bank
  ➢ purchase masks & hand sanitizers & emergency-C (that medicine), gloves
  ➢ could transfer money to them so they can buy more produce

G. REMARKS

ADJOURNMENT at 6:32pm

MOTION/SECOND: Adalis/ Jenna
Vote: 9-0