

PUBLIC AND MENTAL HEALTH COMMISSION AGENDA

Associated Students

5/11/20, 5:00 PM

Zoom

CALL TO ORDER by Jagruti Kolla on this date 5/11/2020 at 5:02pm

A. MEETING BUSINESS

A-1. Roll Call (Pre-entered Names)

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Adalis Rojas	Present	Katerine Soltelo	Present
Britney Walton	Present	Leela Ray	Present
Chassidie Liu	Present	Michelle Salve	Present
Christopher Pantin	Absent	Ruiqi Yang	Present
Jagruti Kolla	Present	Jenna Warner	Present
Karly Laffer	Present		

A-2. Acceptance of Excused Absences

MOTION/SECOND: Michelle/ Kathy

Vote: 10-0

A-3. Acceptance of Proxies

MOTION/SECOND:

Vote:

B. PUBLIC FORUM

C. REPORTS

C-1. Co-Chair Report(s)

- ❖ Adalis
 - H&W -- Body Positivity Video
 - Student MHTF
 - making a letter to send to administration
 - sending out PMHC applications soon!
 - 2 positions available - International Student Liaison & Marketing Outreach Coordinator
- ❖ Britney
 - Pen Pal is now wrapped up!

C-2. Advisor's Report

- ❖ Upload PMHC Photos to John for the AS Banquet

C-3. Group Project/Member Report(s)

- ❖ Jagruti
 - Keep posting on IG!
 - Collabing with COWEB for menstrual products
- ❖ Kathy
 - Allocate & motion for AS Food Bank (Food) -- \$10,000 & \$5,000 (menstrual products)
- ❖ Leela
 - Helping others with their projects!
- ❖ Michelle
 - SB has free COVID screenings
- ❖ Rachel
 - MH Q&A Session -- CAPS Speaker!
 - Opening up the Q&A session to all International Students
- ❖ Jenna
 - ~\$50,000 in our budget
 - \$22,700 for 2 videos
 - \$13,300 for 1 video
 - \$31,575 for 3 videos

D. ACCEPTANCE of AGENDA/CHANGES to AGENDA

MOTION/SECOND: Leela/ Adalis

Vote: 10-0

E. ACCEPTANCE of ACTION SUMMARY/MINUTES

E-1. Approval of our Action Summary/Minutes from 5/4/2020

MOTION/SECOND: Karly/ Michelle

Vote: 10-0

F. ACTION ITEMS

F-2 New Business

Approval/Consideration of Allocating \$22,700 for Mental Health Video Budget

MOTION/SECOND: Jenna/ Jagruti

Vote: 10-0

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required?

- a. **Approval/Consideration of** Allocating \$5,000 from Special Projects for AS Food Bank menstrual products

MOTION/SECOND: Karly/ Michelle

Vote: 10-0

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required?

b. Approval/Consideration of Allocating \$10,000 from Special Projects for AS Food Bank

MOTION/SECOND: Chassidie/ Kathy

Vote: 10-0

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required?

G. DISCUSSION ITEMS

- ❖ How many videos will we be making?
 - 2 videos
 - Body positivity, destigmatizing mental health language, anxiety management
- ❖ Projects/Changes that you would like to see for next year?
 - better advertisement for Self-Care Week
 - monthly project for public health
 - monthly workshops on contraception
 - monthly STI testing
 - promoting menstrual cups
 - expanding on Pardall Center's vending machines for Plan B
- ❖ Transitioning: Things that worked vs didn't work this year? Possibly writing feedback through google form?
 - Google form

H. REMARKS

What is one rose (good thing), thorn (bad thing), and bud (thing you're looking forward to) about this week?

ADJOURNMENT at 6:09pm

MOTION/SECOND: Leela/ Michelle

Vote: 10-0