

# **PUBLIC AND MENTAL HEALTH COMMISSION AGENDA**

Associated Students

4/20/2020, 5PM

Zoom

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**CALL TO ORDER by Jagruti Kolla on this date 04/20/2020 at 5:01 pm**

## **A. MEETING BUSINESS**

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### **A-1. Roll Call (Pre-entered Names)**

<b>Name</b>	<b>Note:</b> absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	<b>Name</b>	<b>Note:</b> absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Adalis Rojas	Present	Katerine Soltelo	Present (5:08)
Britney Walton	Present	Leela Ray	Present
Chassidie Liu	Present	Michelle Salve	Present
Christopher Pantin	Absent (excused)	Ruiqi Yang	Present
Jagruti Kolla	Present	Jenna Warner	Present
Karly Laffer	Absent (excused)		

### **A-2. Acceptance of Excused Absences**

*MOTION/SECOND: Jenna/ Michelle*

*Vote: 8-0*

### **A-3. Acceptance of Proxies**

*MOTION/SECOND:*

*Vote:*

## **B. PUBLIC FORUM**

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- Discussion about creating video content regarding mental health (Jenna's Dad)
  - producer/ director both animated and live action
  - looking into the education market, developing content for mental/ behavioral health topics
    - want to make it for the intended audience (college students)
  - can be used for orientation could be done in a short to 5-6 weeks
  - colleges are hungry for mental health education, especially in videos
  - continue this content for the future students of UCSB
  - some content we might pursue:
    - animated shorts
    - overcoming of seeking mental health services
      - EX: toothache, see a dentist
    - create some kind of allegory
    - how to be a supportive friend
    - proper eating ages
    - drug/ alcohol

- bullying/ violence
  - test anxiety
  - overcoming procrastination
  - LGBTQ
- Could we involve the UCSB student body in drawings/ animations?
  - need to know what they are doing and can meet the timelines
- How much would it cost?
  - start doing 2 or 3 at the start
  - better to do 1 thing per video not 2 to 3 topics per video
  - ~\$25,000-\$35,000 (but with this money try to make 2, 3, or 4 videos)
    - learn the process along the way -- it will get cheaper
  - ~\$5,000-\$10,000 per video

## C. REPORTS

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### C-1. Co-Chair Report(s)

- ❖ Co-chair elections- candidates will give a 2-3 minute speech
- ❖ Building an Instagram following
- ❖ Post Schedule

### C-2. Advisor's Report

- ❖ Requisition process website up but the requisition form is not ready to download yet
  - <https://www.as.ucsb.edu/requisition-form/#>
- ❖ AS Elections started today!
- ❖ Add co-chairs to the agenda

### C-3. Executive Officer Report(s)

### C-4. Group Project/Member Report(s)

#### ❖ Adalis

- Student Mental Health Task Force
- Help Active Minds w/ study hours
- Creating a Mental Health Conference for freshman

#### ❖ Britney

- Update on website
- Pandemic Pen Pal project w/ Chris
  - Email or traditional letter writing
  - Budget: 40 people?

#### ❖ Chassidie

- IG Captions -- double checks and post on GroupMe before posting

#### ❖ Kathy

- Collaboration with AS Food Bank

#### ❖ Leela

- Meeting tomorrow regarding the Mutual Aid Fund
- Provide people with the tools to make face masks
- IG videos about how to cook for cheap, maybe even utilizing AS Food Bank weekly products

❖ **Rachel**

- CSSA: offer each international students (who are interested) 3 free sessions in English or Mandarin
- OISS: Q & A session, how to do a transition period from high school to college

❖ **Jenna**

- Idea with her dad, have an answer by next week

**D. ACCEPTANCE of AGENDA/CHANGES to AGENDA**

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*MOTION/SECOND: Jenna/ Michelle*

*Vote: 9-0*

**E. ACCEPTANCE of ACTION SUMMARY/MINUTES**

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**E-1. Approval of our Action Summary/Minutes from 4/15/2020**

*MOTION/SECOND: Leela/ Michelle*

*Vote: 9-0*

**F. DISCUSSION ITEMS**

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- ❖ Speeches for Co-Chair Candidates
- ❖ AS Food Bank
  - purchase masks & hand sanitizers & emergency-C (that medicine), gloves
  - could transfer money to them so they can buy more produce

**G. REMARKS**

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**ADJOURNMENT at 6:32pm**

*MOTION/SECOND: Adalis/ Jenna*

*Vote: 9-0*