

# PUBLIC AND MENTAL HEALTH COMMISSION AGENDA

Associated Students

2/27/2020, 7:00PM

AS Main

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**CALL TO ORDER by Jagruti Kolla on this date 02/27/2020 at 7:05 pm**

## **A. MEETING BUSINESS**

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### **A-1. Roll Call (Pre-entered Names)**

<b>Name</b>	<b>Note:</b> absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	<b>Name</b>	<b>Note:</b> absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Adalis Rojas	Present	Katerine Sotelo	Absent
Ally Solorzano	Absent	Karly Laffer	Present
Britney Walton	Present	Leela Ray	Excused
Chassidie Liu	Present	Michelle Salve	Absent
Christopher Pantin	Present	Ruiqi Yang	Present
Jagruti Kolla	Present	Jenna Warner	Present

### **A-2. Acceptance of Excused Absences**

*MOTION/SECOND: Adalis/ Karly*

*Vote: 8-0 APPROVE*

### **A-3. Acceptance of Proxies**

*MOTION/SECOND:*

*Vote:*

## **B. PUBLIC FORUM**

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- a. Mental Health Conference Team (2 members presented for us)
  - i. 2nd school to start putting on this Conference
  - ii. \$5,000-\$10,000 for Keynote speaker
    - a. They want to get a GREAT keynote speaker
  - iii. Food & T-shirt are the next two most importance for finances
  - iv. 350 people turn out last year
  - v. Their budget is ~\$15,000
  - vi. Once a month updates from them
  - vii. Leela will be the liaison between MHCT & PMHC
  - viii. What do they do?
    - a. May 9th -- SRB
    - b. Consists of panelist, workshops (reaching out to faculty & grad students), Keynote speaker, also other fun activities
  - ix. Positions

- a. Coordinators
- b. Panelist Team group
  - i. screen & recruit participants
  - ii. organize a dinner to make them feel comfortable sharing their stories
- c. Workshop Team group
  - i. Request for workshops
  - ii. LGBTQI+ workshop
- d. Outreach/ Marketing team group
  - i. Help with t-shirts
  - ii. "we're with you"
  - iii. In charge of flyers, website, Instagram, Facebook
  - iv. Sending out applications to orgs
  - v. There is also someone that does the finances

## C. REPORTS

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### **C-1. Co-Chair Report(s)**

- ❖ We need to market things better since we are a new organization
  - Follow random people that go to UCSB

### **C-2. Advisor's Report**

- ❖ UCSB Events Page -- get our events on there!
- ❖ Email sign up form when tabling
  - QR code
  - Signup sheet
- ❖ Reached out to Jenna for a list of PMHC Authorized signers
  - It is in the shared drive → finance folder → list of authorized signers
- ❖ Fill out the honorary request!! DO IT BEFORE 11:59PM TONIGHT
  - Adalis put it in slack!
  - Request the full amount
  - Describe what you do → copy & paste job duties (in legal code folder)
- ❖ Fill out the Reapplication form for PMHC by week 8!
- ❖ Meeting w/ senator Sarah D.
  - Project she's been thinking about since fall
    - Epipens in dining halls
    - Create a powerpoint why it is important
    - Attending next week in Public Forum
- ❖ UCen Meeting w/ Gary
  - Charge spaces, \$3 per sq ft per month
  - Britney, Jagruti and Tim are going to meet with Marcela
- ❖ Next week is the last meeting of the quarter!
- C-3. Executive Officer Report(s)**
- C-4. Group Project/Member Report(s)**
- ❖ Adalis
  - N/A
- ❖ Britney

- Meeting 1: Health & Wellness director meeting w/ Carlene
  - Mental Health Resource Center ideas
  - Mental Health Room in San Cat
    - expand this over to the UCen
  - Back up plan: volunteer system w/ San Cat
  - Conclusion: building a gap for students who are not in a
    - safe space to find stress relieving tips while they are waiting
- Meeting 2: UCen director & Governance board
  - Possibility about using the 3 floor space of the UCen
    - The food bank wants to keep this space and the space they currently have on the 2nd floor
  - Another option: Upstairs in the Student Store...
- ❖ Christopher
  - Meet with Laic (MHP)
    - setting up an event for the LGBTQ community
    - something similar to the LGBTQ townhall w/ presentations & therapists
    - How to keep the PRIDE after PRIDE\*
    - LGTBQ CAPS therpisant
    - tentative date: April 14th
- ❖ Karly
  - 10 people on the newsletter signup!
- ❖ Leela
  - Self-Care week was good!
    - Need to be more organized with scheduling
    - create Facebook events
  - Host her Reali-tea again next quarter
  - Do's & Don'ts of tabling
  - Get t-shirts for us so people know us!
  - Thread emails
- ❖ Chassidie
  - Joan Hartman gave her business card and states that the SB county has their own mental health board and would love to get UCSB PMHC involved
    - We could go to their board meetings once a month
  - Boss with the mental health peer want to create a student mental health taskforce which includes mental health orgs on campus.
- ❖ Rachel
  - 12 people showed up to her Breathing session event with Health & Wellness!
    - Do it again next quarter!
  - International student flyers were distributed to OISS
- ❖ Jenna
  - She became an authorized signer!
  - Met w/ the Vice Chair in Finance of Business
  - Mental Health Commission v. PMHC
    - We were created to help this Mental Health Team with funds

- And Leela's position was created to acts as a liaison between the two entities
- Itemized budget for Self-Love Week!! Please send them to her!

#### **D. ACCEPTANCE of AGENDA/CHANGES to AGENDA**

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*MOTION/SECOND: Adalis/ Chris*  
*Vote: 8-0 APPROVE*

#### **E. ACCEPTANCE of ACTION SUMMARY/MINUTES**

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##### **E-1. Approval of our Action Summary/Minutes from 2/20/2020**

*MOTION/SECOND: Britney/ Chris*  
*Vote: 8-0 APPROVE*

#### **F. ACTION ITEMS**

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##### **F-1. Old Business:**

###### **a. Approval/Consideration of**

*MOTION/SECOND:*  
*Vote*

**Advisor/Staff recommendation/instruction/request:**  
**Responsible for Follow-through:**  
**Additional approval required?**

###### **b. Approval/Consideration of**

*MOTION/SECOND:*  
*Vote:*

**Advisor/Staff recommendation/instruction/request:**  
**Responsible for Follow-through:**  
**Additional approval required?**

##### **F-2 New Business**

###### **a. Approval/Consideration of**

Email survey -- making the mental health conference team and their members a subcommittee of PMHC

*MOTION/SECOND: Britney/ Chassidie*

*Motion to approve an email survey making the mental health conference team and their members a subcommittee of PMHC*

*Vote: 8-0 APPROVE*

**Advisor/Staff recommendation/instruction/request:**

Responsible for Follow-through:  
Additional approval required?

**G. DISCUSSION ITEMS**

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**H. REMARKS**

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**ADJOURNMENT**

*MOTION/SECOND: Chris/ Britney*

*Motion to adjourn at 8:16pm*

*Vote: 8-0 APPROVE*