

Public and Mental Health Commission Minutes

Date: 10/22/2020

Location: Zoom

Call to Order: 7:55 PM

A. Meeting Business

1. Roll Call

| Name | Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name) | Name | Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name) |
|----------------------------|--|------------------|---|
| Jagruti Kolla | Present | Adalis Rojas | Present |
| Michelle Salve | Present | Anusikha Halder | Present |
| Britney Walton | Present | Katherine Sotelo | Excused |
| Deepthi Parthasarathy | Present | Annie Cheng | Present |
| Gracelyn Barmore-Pooley | Present | Karly Laffer | Present |
| Ruiqi Yang | Present | Surya Sanatham | Present |
| Aimee Wang | Absent | | |

2. Acceptance of Excused Absences

Motion/Second: Michelle/Ruiqi

Action: Consent; Motion is Passed

3. Acceptance of Proxies

Motion/Second:

Action:

B. Public Forum

C. Reports

1. Co-Chair Reports

- Adalis
 - No meeting week 10 or finals
 - Jack Edmund-EVPLA representative; hand sanitizing units can not be secured to the ground

- Damage to Unit/Theft: \$2500 - will find a new vendor
- Distribution of face masks have run out- will ask for funding in winter quarter
- Mentor program for incoming students-met with Dean of Student Wellness and Director of ADP; giving out certification/reimbursement for time of the training; need a pilot program done by spring; create a new committee for this program
- Britney
 - Met about Mental Health Town Hall: categories are intersectionality in QTPOC, BIPOC, international students; resource accessibility; how we will outreach after the town hall?
 - Meeting with Stanford Peer Support center about getting support within Santa Barbara for mental health
 - Meeting with UCSA about basic needs topics

2. Advisor Reports

- Timothy
 - Financial statement-deduction in financial statement
 - Authorized Signers: Michelle & Adalis

3. Executive Officer Reports

- Michelle
 - All supplies are together for care packages-everything will be done by Monday
 - Other organizations like SCORE & Health and Wellness are interested in continuing with self care packages
- Gracelyn
 - Subcommittee meeting: 10 minute graphics for finals week; brainstorm ideas for posts (everyday during week 10)
- Ruiqi
 - Meeting w/Health and wellness & self care packages
- Anusikha
 - Email bill got passed; changes are recognized
- Annie
 - OISS & Gaucho Global Commission will postpone presentation to next quarter
- Surya
 - Will work on workshops with Deepthi for the mental health conference

D. Acceptance of the Agenda/Changes to the Agenda

Motion/Second: Karly/Michelle

Action: Consent; Motion is Passed

E. Acceptance of Action Summary/Minutes 11/19/20

Motion/Second: Surya/Annie

Action: Consent; Motion is Passed

F. New Business

Rejection of Brandon Villarreal's Request to Conclude Leave of Absence

Motion/Second: Michelle/Karly

Action: Consent; Motion is Passed.

G. Old Business

Approval/Consideration of

Motion/Second:

Action:

H. Discussion Items

- Mental Health Townhall (Who would you like to see as speakers?)
 - RCGSD; Grad division mentor to reach out to grad students; Black Women's Coalition
 - Local County represe
 - Reach out to Hosford Center/Acacia Counseling for a psychiatrist
 - Mondays 2-3: Mental Health Town Hall meeting: Anusikha, Chris, Alia, Grace
- Vision Board Event Idea (Budget/ Vision Board Survey)
 - Hosting an event on zoom/attaching email from google consideration
 - Add resource page to kit & a mental health survey on application
 - Do a journaling session and ask if people are interested in doing a vision board
 - Do a virtual vision board- Pinterest

I. Remarks

- What do you plan to do over the break?
 - Adalis-sleep/start on mentor program
 - Tim-working :(/ spend time with family
 - Gracelyn-hanging out with mom
 - Karly-TBD
 - Ruiqi-San Francisco
 - Michelle-working; LA
 - Surya-hang out w/parents
 - Deepthi-hang out w/family; grad school
 - Jagruti-netflix
 - Annie-EMT
 - Anusikha-spending time w/family

J. Adjournment at 7:55 pm

Motion/Second: Michelle/Karly

Action: Consent; Motion is Passed.