

Public and Mental Health Commission Minutes

Date: 10/29/2020

Location: Zoom

Call to Order: 7:03 PM

A. Meeting Business

1. Roll Call

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Jagruiti Kolla	Present	Adalis Rojas	Present
Michelle Salve	Excused	Anusikha Halder	Present
Britney Walton	Present	Katherine Sotelo	Present
Brandon Villareal	Present	Annie Cheng	Excused
Gracelyn Barmore-Pooley	Present	Karly Laffer	Present
Ruiqi Yang	Present	Surya Sanatham	Present

2. Acceptance of Excused Absences

Motion/Second:

Action:

3. Acceptance of Proxies

Motion/Second:

Action:

B. Public Forum

C. Reports

1. Co-Chair Reports

- Adalis
 - Formally remove Jenna
 - Added Gracelyn's marketing team onto the Legal Code
 - Self-care workshop with Michelle and Ruiqi-15 people attended; discussed keeping temperature in check and setting boundary

- Admissions is willing to collaborate on the mentor/mentee program; reach out if you are interested in researching
- First Mental Health Task Force meeting on Monday- creating newsletter and student resource guide; giving it to CAPS
- Britney
 - Cal-Fresh Enrollment Party- 4 people signed up for CalFresh-received an increase in CalFresh applications
 - Rep at CAPS was informed about the Peer to Peer Program; Stanford Peer Support Program is interested in doing future trainings on campus
 - Frontage Road has a rough draft of the videos

2. Advisor Reports

- Timothy
 - Website that tracks your mail in ballot: <https://california.ballottrax.net/voter/>
 - COVID-19 free tests in IV tomorrow and on Saturday
 - UCSB ADP It's a Science Workshops on vaping, cannabis, nicotine Nov 4th 8pm

3. Executive Officer Reports

- Jagruti
 - Met with student health representative about the birth control project- they were willing to have us cover the consult cost and the prescription for students that do not have UCSHIP; they pair with Pandia Health to ship out prescriptions
- Michelle
 - Non-traditional Resource Center to connect with one of their advisors
 - Self-care packages- if anyone is willing to purchase items you would get reimbursed through A.S
- Brandon
 - Introduction email to different organizations about new position and if they can coordinate
 - Meeting with QTPOC empowerment coordinators to collaborate on something in the future
 - Possible de-stress event next week b/c of election week/other stress
- Gracelyn
 - Website under construction-let her know if you have any ideas
 - Sub-committee is set up into specific teams
 - Fill out Meet the Team google form
- Ruiqi
 - Womxn's Commission meeting about menstrual cup workshop (will be held during week 7)
 - Emailing back and forth with menstrual cup company; willing to host giveaway
 - AS Trans & Queer Commission: want to co-promote their event with them

- Going to meet with OISS, grad students to brainstorm language inclusivity events on campus (individuals with accents feel like they are not accepted in the community)
- Anusikha
 - Resignation of the AS President
- Kathy
 - Yasmine about the sanitation station-want to put up a proposal to present (will be ready next week)
- Annie
 - Started planning one of her events- reached out to OISS and Global Gaucho Commission
- Karly
 - Met with event coordinator of Active Minds-started making an app-source of compiled information for COVID and provide support to the UCSB community
 - App should be ready in 3 days- will be free to everyone for a couple months
 - If you have any advice/ ideas reach out to her

D. Acceptance of the Agenda/Changes to the Agenda

Motion/Second: Kathy/Surya

Action: Consent; Motion is Passed

E. Acceptance of Action Summary/Minutes 10/22/20

Motion/Second: Karly/Ruiqi

Action: Consent; Motion is Passed

F. New Business

Approval/Consideration of Updated Legal Code

Motion/Second: Karly/Ruiqi

Action: Consent; Motion is Passed

G. Old Business

Approval/Consideration of Self-Care Packages Budget of \$1,500

Motion/Second: Jagruti/Karly

Action: Consent; Motion is Passed

H. Discussion Items

- Thoughts on the rough draft of production videos
 - We can't make a lot of changes on drawing/voiceovers because it would extend the project
 - Fixing transitioning for the mindfulness portion of the second video
 - PMHC logo at the end of the video-end credits
 - Resource page at the end of the media-in credits
 - OISS, CAPS, Health and Wellness can help post those videos

I. Remarks

- What are you doing for Halloween?
 - Britney: Watching a movie (Coco)
 - Adalis: Watch kid-friendly scary movies (Hocus Pocus; Addams Family)
 - Jagruti: Picnic
 - Anusikha: Movie Marathon
 - Kathy: Stay in w/roomies; watching Halloweentown
 - Brandon: Dad's Birthday!; Drive back to IV
 - Gracelyn: Dress up and watch movies
 - Karly: Dress up (Mr. Clean)
 - Ruiqi: Watching a show
 - Surya: Check out people's decorations
 - Tim: Driving back to Santa Barbara; Watch the Charlie Brown Pumpkin

J. Adjournment at 7:51 pm

Motion/Second: Karly/Ruiqi

Action: Consent; Motion is Passed