## COSWB Agenda



## Associated Students

1/30/14, 8:00pm

SRB – Conference Room #2228

**CALL TO ORDER** Diane Byun and Emily Lofthouse at 8:10pm

**A. MEETING BUSINESS**

**Roll Call (Pre-entered Names)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Note:**absent (excused/not excused)arrived late (time)departed early (time)proxy (full name) | **Name** | **Note:**absent (excused/not excused)arrived late (time)departed early (time)proxy (full name) |
| Diane Byun |  | Natalya Asadulina |  |
| Emily Lofthouse | Arrived Late (8:20) | Lauren Nagra |  |
| Nimrita Singh |  | Tiffany Park |  |
| Emily Wood |  | Rogelio Gonzalez |  |
| Dillon Cao | Arrived Late (8:30) | Molly Nickelson |  |
| Michelle Chiou  | Excused | Margaret Lumley |  |

Also present:

**A-2. Acceptance of Excused Absences**

MOTION/SECOND: Emily/Diane

Motion language: “I motion to excuse Michelle from the February 20th meeting.”

Passed by consent

**A-3. Acceptance of Proxies**

**B. PUBLIC FORUM**

Announcements/Information/Introductions

Testimony for items on today’s agenda (out of order)

Appreciations/Concerns

Request to have item added to today’s agenda

**REPORTS**

**Advisor’s Report:**

“Hi COSWB,

I was informed by AS publications that there isn't an active PO for copies. Can you all pass money at tonights meeting to cover copies made yesterday and today plus any additional copies for the rest of this quarter and next quarter?

If you over estimate the amount the PO is liquidated and the unused portion will go back into the COSWB account by the end of the fiscal year.

Please let me know what you all decide and I can process the PO from office.

Thanks

Ruth GG”

\*\* Diane: E-mail Ruth & inquire about allocation costs.

**Executive Officer’s Report(s) --** *Natalya & Diane regarding Finance Board presentation*

**Group Project/Member Report(s)**

**ACCEPTANCE of AGENDA/CHANGES to AGENDA**

The Chair may, with members’ consent, add items to the agenda for consideration at the current meeting if they meet one of the following criteria:

a) Emergency Situation -- the issue falls within ten days from this meeting.

b) Deadline -- if the issue arose after the agenda deadline and must be acted on before the next scheduled meeting.

**ACCEPTANCE of ACTION SUMMARY/MINUTES**

**ACTION ITEMS**

Event Name: LGBT Fashion Show

MOTION/SECOND: Diane/Natalya

MOTION LANGUAGE: “I motion to spend no more than $400 for honoraria for Isis King”

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up: Roger

Event Name: LGBT Fashion Show

MOTION/SECOND: Molly/Dillon

MOTION LANGUAGE: “I motion to spend no more than $200 for the yoga series instructor”

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up: Molly

Event Name: Foodbank Food Frenzy

MOTION/SECOND: Emma/Nimrita

MOTION LANGUAGE: “I motion to spend no more than $200 for the second annual food frenzy demo”

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up: Emma

 Event Name: Spin Wheel for tabling

MOTION/SECOND: Diane/Emma

MOTION LANGUAGE: “I motion to spend no more than $100 for a pinwheel for bridge to wellness tabling”

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up: Roger/Margaret

**F-1. Old Business:**

* **Jennifer Tress Lecture**
	+ Tabling at event, sign-ups, business cards, freebies (stress-balls).. Will we have **reward cards**?
	+ Lauren: Official ad design?
		- 50+ or so should be made.
		- DigiKnows (submitted)
		- Books are shipped
		- Stamps will cost $42, and $8 for shipping
		- Emily bring chromebook
		- Make announcements in class, share event, invite people
		- Buy backup stamps at Michaels: Molly responsible for follow-up
		- Where will books be shipped to?

Shipped to *Michelle*’s apt - received

* **Nutrition talk/demonstration with Joanna Hill**– possible dates, any specific

topics we want him to discuss, food we want to provide?

* Co-Op Food -- healthy foods and sweets (or not as healthy stuff)! (following the 80/20 rule )
* Possible speakers (or panel?):
	+ Emily talk to Joanna Hill, Advisor: Health and Wellness Corps
	+ Follow-Up Report:
		- Best to do event the week of March 3rd
		- Collaboration with greeks? IV theater or Embarcadero Hall
		- Spring Quarter
		- Emma and Emily find contacts to collaborate with

**F-2 New Business**

* **Laura: LGBT resource center**
* Fashion Show: hosted by Isis King (first transgender on ANTM)
* student participation
* March 4th 7-9
* requesting $400 - Honoraria for Isis King
* Table at event, get logo on fliers
* will like to fund if budget permit - *Natalya*
* COSWB as a co-sponsor - name on flyers for publicity

* **Bridge to Wellness**
	+ “We've set up permanent outreach tables outside of Portola dining commons to connect almost 1,600 students to campus resources and orgs Mon-Fri from 5-8pm. Please see our schedule and email Cynthia, Sam, and I at wellness@sa.ucsb.edu to sign up for some slots!”
	+ Margaret & Roger:
		- Handing out stress balls and granola bars, make a sign in sheet and have them follow us on facebook
		- Buying a spinning wheel for tabling.
	+ Table Cloth:
		- Who has it? Diane?
* **COSWB Eats**
	+ Food Demo? Next quarter?
		- Recipe/cookbook
		- Towards middle of quarter
* **FoodBank Collaboration**
	+ Meeting Update from Emma: Friday March 7th, 12:00-2:00
	+ Find recipe and pass money
	+ 75 people, small portions and can be pre-made
	+ Parmesan, spinach, pasta, olive oil, feta, cream, milk, tomatoes, garlic, lemon
	+ Prep night March 6th to cook pasta, make sauce, etc.
	+ Get them to collaborate with us on COSWB eats
	+ Pasta with feta, with cream and parmesan, spinach and tomatoes
	+ Will send out Doodle if people want to get involved
	+ Follow-Up: Roger, Margaret 12-12:50, At 1:00 Lauren, Nimrita
	+ Diane will show how to make the pasta, Roger in charge of buying ingredients
	+ Nimrita contact CAB for volunteers, Molly can ask sorority for volunteers
* **Psychology Department Collaboration with Furlong**
	+ Review questions for survey for UCSB students on wellness
	+ Possible date: Week of March 3rd, 5-7
	+ Audience should bring yoga mats for post-lecture mindfulness session
	+ Do mindfulness without lecture with professor at first
	+ Sponsor lecture on mindfulness, Mike Furlong
	+ Who is going to lead the mindfulness?
		- Natalya w/ update
		- Emma: Update w/ Mark
* **Yoga Series**
	+ Update required from Molly and Dylan
	+ **Instructor asking for pay increase** to $150 (Responsible for follow-through: Molly)
		- Sign in sheet or head count at the end of the quarter of attendees to determine potential pay raise
		- Give her a pay raise to $75
		- Can either give her a lump sum at end of quarter or the increase in $25 increments
	+ Possibility of turning it into an on-campus series
		- Anacapa or Santa Rosa
		- Dillon talked to RA’s in Santa Rosa, seems like best location
		- Molly and Dillon: talk to RHA about bringing yoga to campus
	+ Dillon buy speakers
* **Tabling at Arbor**
	+ Make sure to pass money to buy spinwheel
		- Spinwheel bought?
* **“Take What You Need” Campaign**
	+ Post posters on lockers in Girvetz (and other halls) → Find out other possible locations where we can post these. Dorms are a good example? (Responsible for follow-through: Lauren)
	+ Fliers can be made by Friday 2/21, make 20
	+ Pick up fliers from Lauren to hang
	+ Target Locations: Girvetz, MCC windows, Bus Loop, IV tunnel,
* **Goodie Bags for Finals + Dog Therapy Day**
	+ Date: March 12th
	+ Supplies: Granola Bars, Scantrons, pens, stress balls, etc.
	+ Responsible for Follow-Through: Margaret & Roger
	+ Dates/Days: TBD: In Arbor / Tabling alongside Dog Therapy Day (Wed)
	+ Make 300 goodie bags
* **Free fitness/yoga series punch cards**
	+ COSWB stamp: Will arrive early March
	+ What about water bottles?
		- -In IVTU (4 boxes?)
	+ Reward System:
		- 12 stamps: Water bottle
		- 10 stamps: Hoodie
		- 8 stamps: Pants
		- 5 stamps: T-Shirt or Tank
		- 2 stamps: Pens
		- 1 stamp: Stickers
		- (stamps roll over)
* **General Meeting Open to Students/General Public**
	+ Chance for them to get stamps/get involved with COSWB
	+ Who can help? Dates? Times?
	+ Set up another meeting time for general members, or an extra half hour after board meeting

**DISCUSSION ITEMS**

* Winter/Spring Events (e.g. Jennifer Tress Lecture):
	+ “Large-scale” events -
* General Tabling Ideas (e.g. “Take a Smile” Campaign):
	+ “Small-scale” events -
* Diane & Emma: Find a new financial coordinator for spring quarter
* Email COC Rep for new financial coordinator
* Minutes send out last week?

**REMARKS:**

**ADJOURNMENT** Time - 9:00