## COSWB Agenda



## Associated Students

4/29/14, 6:00pm

SRB – African Diasporic Room

**CALL TO ORDER** Diane Byun and Emily Lofthouse, 6:00pm

**A. MEETING BUSINESS**

**Roll Call (Pre-entered Names)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Note:**  absent (excused/not excused)  arrived late (time)  departed early (time)  proxy (full name) | **Name** | **Note:**  absent (excused/not excused)  arrived late (time)  departed early (time)  proxy (full name) |
| Diane Byun |  | Lauren Nagra |  |
| Emily Lofthouse |  | Rogelio Gonzalez |  |
| Nimrita Singh |  | Molly Nickelson |  |
| Emily Wood |  | Margaret Lumley |  |
| Dillon Cao |  | Tiffany Park | **Excused** |
| Michelle Chiou |  |  |  |

Also present: Active Minds

**A-2. Acceptance of Excused Absences**

MOTION/SECOND: /

Motion language: “I motion to excuse…”

Action: PASSED BY...

**A-3. Acceptance of Proxies**

**B. PUBLIC FORUM**

Announcements/Information/Introductions

* Announcement: ADP is hiring new interns! Check the COSWB email
* Active Minds
  + Walk for Mental Wellness
* WGSE
  + Zumba/Yoga event
* UStudy Center
  + Massage funding
  + $700 for wellness services (massages)
  + Willing to have us table at event
  + Asking for $500 for massages
  + Open to $500 for food if available

Testimony for items on today’s agenda (out of order)

Appreciations/Concerns

Request to have item added to today’s agenda

**REPORTS**

**Advisor’s Report:**

**Executive Officer’s Report(s) -- New Financial Coordinator (Emily Wood)**

**Group Project/Member Report(s)**

**ACCEPTANCE of AGENDA/CHANGES to AGENDA**

The Chair may, with members’ consent, add items to the agenda for consideration at the current meeting if they meet one of the following criteria:

a) Emergency Situation -- the issue falls within ten days from this meeting.

b) Deadline -- if the issue arose after the agenda deadline and must be acted on before the next scheduled meeting.

**ACCEPTANCE of ACTION SUMMARY/MINUTES**

**ACTION ITEMS**

Event Name: Because of Hope Walk

MOTION/SECOND: Diane/Emma

MOTION LANGUAGE: “ I motion to pass $0 for the Because of Hope Walk.”

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up: Michelle

Event Name: Chilla Vista Tabling Event

MOTION/SECOND: Emily/Emma

MOTION LANGUAGE: “I motion to amend the $200 we passed for trail mix for Chilla Vista, and spend no more than $150 for cups, soil and seeds.”

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up: Diane

Event Name:

MOTION/SECOND:

MOTION LANGUAGE:

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up:

Event Name:

MOTION/SECOND:

MOTION LANGUAGE:

ACTION: PASSED BY CONSENT

Advisor/Staff recommendation/instruction/request:

Responsible for follow-up:

**F-1. Old Business:**

**F-2 New Business**

* **QAPI Funding**
  + Came two weeks ago to ask for $100
  + Peter and Ahn
    - Delegation at UCB
      * learn about the queer Asian identity
    - May 2nd-4th
    - Money is used for Housing/Transportation
    - Need $100
    - Can’t pass money for transportation
    - Pass it if they can find a different place to use the money (not transportation/housing)
    - Emma will follow up, Facebook vote
    - [ucsbqapi@gmail.com](mailto:ucsbqapi@gmail.com)
* **Because of Hope:**
  + Non profit, mission is to empower orphans and widows in uganda
  + Budget
    - Jungle Run/World Culture Fair (May 17th)
      * On campus, starts and ends at Storke
      * Event starts at 12-2
      * Culture fair is free, mainly to help cultural orgs raise money
      * COSWB to table possibly?
    - Asking for $200 for printing and photocopying for fliers
    - Don’t want to fund them, Michelle email them and let them know that this doesn’t fit in with COSWB’s mission.
    - Need by early May
* **Mental Health Awareness Week**
  + “Get to Know Your Mental Health Resources”
    - Thursday, May 15th, 11-2, in front of CAPS
  + Who is free?
    - Set-up @ 10:30/40am: Diane
    - 11:00am- Emily, Roger
    - 12:00pm- Michelle, Margaret
    - 1:00pm-2:00pm: Lauren,
    - Clean up: Diane
  + What to table with? Activities? Goodies?
    - Activity: Interactive Board with mental health services, Drug & Alcohol, CAPS, etc. Ask questions about roommate problems, situational questions, if they answer right they get prizes. get 3 right get an extra stamp
    - Supplies: Tri-fold board, post-its, tanks, pens, stickers,
    - Follow-Up:
  + Margaret to set up doodle
* **Active Minds De-Stress Fest:**
  + Event Info: “Make Your Own Stress Ball”
    - May 22nd, 10:00am-2:00pm
    - Supplies:
      * Printed balloons w/ COSWB logo, red balloons w/ white markings
      * balloons, flour, funnel, scissors & permanent markers.
      * Margaret will look into balloons to figure out how much they will cost
        + Oriental Trading: $10/dozen, too expensive
        + Facebook message Diane to try to find a cheaper alternative

Figure out by tomorrow night, pass money by tuesday

* + - Alternative: Make your own trail mix.
      * Make your own trail mix
        + Peanuts, M & Ms, cranberries, granola, almonds
      * Michelle has gatorade cooler
        + Water with mint/lemon

mint, lemon, ice

* + Representative Contact Information:
  + Responsible for Follow-Up: Margaret /Roger
    - Who will order balloons: Margaret
    - Who will get supplies:
  + How much money should be passed for this?
* **Active Minds Mental Wellness Center Walk**
  + May 17th 8:30-12:30pm
  + Bus for those who register → Online -- link will be e-mailed to us.
  + $10 for Students, t-shirt included
  + Counts for volunteer hours
* **Chilla Vista Tabling**
  + Date: Saturday May 3
    - Time: 1-6 (table from 1-3)
  + Do we want to table?
    - Should be interactive
      * Buy cups
      * Soil
      * Seeds
      * Foam stickers to decorate cups
  + Who is available? At least two people tabling at all times. **Times??**
  + Diane to drop off supplies at Emily’s apartment
    - Lauren, Michelle, Emily, Nimrita
    - 1-2: Emily, Michelle
    - 2-3: Lauren, Nimrita
* **CSO Keychains**
  + Any updates?
    - Should arrive within three weeks
  + Responsible for Follow-Up: Michelle
  + Everything ordered?
  + Req formed turned in → Not yet
* **Yoga Series**
  + Invite all your friends on facebook
  + What needs to be done?-Need updates on all of this!
    - Lauren: Digi-knows, website info, banner, facebook event
      * One flier for both events
    - Stephanie wants her info on our website
      * **Diane** needs to put this on website
* **Self Defense Series-Invite all your friends on FB!**
  + What needs to be done?
    - Lauren: Digi-knows, website info, banner, facebook event
  + Firing the self-defense guy
    - Didn’t show up for the last class
    - Didn’t fill out contract
  + Overbooked for room
  + May need to hire a new yoga instructor instead of self-defense
    - More popular
    - Molly look into new instructor
* **Free Fitness Tuesdays**
  + Any updates on dance instructors. We have enough instructors for seven classes, starting next week
    - Publicity is key so we can get a lot of people in attendance
    - Collab. with Polynesian and other UCSB dance groups
    - Classroom announcements in “artsy” classrooms
    - Put flyers in Rob Gym Rm 1430
  + Re-evaluate FFT if this dance approach doesn’t work out
  + Asked 7 instructors, 5 have gotten back to Dillon for different dates
  + 12 people showed up for first day!!
    - Went really well
* **COSWB Eats**
  + **STILL NEED DOODLE FOR THIS!**
    - Who do you want to do this? Who will take over from Tiffany?
  + COSWB Eats Project Lead:
  + New posts should be on COSWB Eats:
    - Follow-Up: Lauren
  + Need more recipes before publication:
    - Food Schedule again! :) Can be done during food demo or at home.
    - Responsible for follow-up: Tiffany
  + Lauren email Diane to remind Tiffany to get photos and information for COSWB Eats
* **Mindfulness Training w/ Lecture?**
  + Nimrita in charge of mindfulness for Spring
  + Who is going to lead the mindfulness?
    - What is happening with this? Do we still need a contact from Health and Wellness?
    - Do we still want to do this event? How likely is it that this will happen.
* **Free fitness/yoga series punch cards**
  + How should we publicize this?
    - Digi-Knows maybe?
    - Responsible for follow-up on Digi-Know (if we’re doing it): Lauren already made Digi-Know
    - Responsible for follow-up on Rewards Card Banner/Art:
  + Reward Cards: Hand them out
    - Tiffany will be dropping them off to be later on-has this happened?
      * No it hasn’t
    - Who should have them?
      * Molly, Dillon, Margaret, Roger
  + Reward System:
    - 12 stamps: Water bottle
    - 10 stamps: Hoodie
    - 8 stamps: Pants
    - 5 stamps: T-Shirt or Tank
    - 2 stamps: Pens
    - 1 stamp: Stickers
    - (stamps roll over)
* **General Meeting Open to Students/General Public**
  + Chance for them to get stamps/get involved with COSWB
  + Who can help? Dates? Times?
  + Set up another meeting time for general members, or an extra half hour after board meeting
* **CoC Recruitment and 2014-2015 Board**
  + Will you still be involved?
  + Diane will receive updates from Aidan regarding the interview/election process for next year’s board.
  + Michelle/Nimrita: maybe?
  + Maybe just table a lot more to recruit people, we don’t have a lot to discuss at meetings.
  + Need to start hiring for next year so we can interview, train, and have people attend meetings.
* **Website Updates** 
  + Has everyone submitted an “about me”?
    - Margaret sent her to Tiffany, and Emma sent her to the COSWB email
  + New FFT schedule, new recipes, yoga series, self-defense series → Banners/Cover Photos/Events must be made on Facebook.
  + “How to Request Funding” section should be made on website.

**DISCUSSION ITEMS**

* **How to Better Improve COSWB**
  + Once we have the FFT, Yoga Series & Self Defense series up → **Tiffany** or Lauren, please send out a campus-wide announcement about it. **Include the rewards cards and COSWB Eats blog.**
    - Make a graphic possibly to make the email more exciting
  + **Winter Quarter:**
    - What went well:
    - What could’ve been done better: Better publicity (classroom, fliers, etc.), for big events (i.e. Jennifer Tress).
      * Need more tabling events (and better)
      * Diane’s Notes: There should be better communication amongst the board members. PLEASE respond, even if you cannot make it, so that we can all plan accordingly. Check your e-mail, texts, and facebook diligently when you know that we have an event coming up. Try your best to be involved with us.
        + If you choose to head an event, **be organized**.

You should know who’s involved in planning, when the event is, who’s getting supplies, who’s going to be there at what time (e.g. time slot sheet), confirmation of event attendance, etc.

* + - Need better communication system among members
      * Plan ahead
  + Pardall Center
    - Allowed to put our stuff in the center
    - Should start giving away stuff
      * + **Note to Diane:** Make event planning guideline perhaps?
* End of the year retreat/dinner

**REMARKS:**

**ADJOURNMENT** Time - 7:00