## Commission on Student Well-Being Minutes

## Associated Students

1/21/15, 7:00 pm

SRB: American Indian Resource Center

**CALL TO ORDER: Nimrita Singh, 7:06pm**

**A. MEETING BUSINESS**

1. **Roll Call**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Note:**  absent (excused/not excused)  arrived late (time)  departed early (time)  proxy (full name) | **Name** | **Note:**  absent (excused/not excused)  arrived late (time)  departed early (time)  proxy (full name) |
| Nimrita Singh | present | Kareena Hundal | present |
| Lauren Nagra | present | Breann Guzman | present |
|  |  | Marisa Pontrelli | present |
|  |  | Ashley Rahbarpour | present |
| Lindsey Jesberg | present | Joel Kim | present |
| Kim Liao | present | Bradley Whittaker | present |

**B. PUBLIC FORUM**

1. Announcements/Information/Introductions
   1. Dance Marathon Funding Request:
      1. February 28th
      2. Asking for: t-shirts ($1500); tennis balls ($150); headbands ($600), journals for kids ($25)
         1. Total: $2275
      3. Goal: to raise $25,000 for cottage hospital
      4. Raises funds for cottage hospital
         1. Only pediatric care hospital for central california
      5. Make sure they have our logo on there
      6. Tabling at the event
      7. Follow up: Ask about logo and package details

* 1. Women’s Center/La Familia De Colores:
     1. La familia de colores: safe space for those who identify as latino/latina or anyone of color/LGBTQ
     2. Fashion show funding
     3. Theme: through the ages: decade specific costumes/makeup
     4. February 26th from 8-10pm
     5. Funding for:
        1. Corwin Pavilion booking, asking for $300
     6. Donations for event goodie bags

1. **REPORTS**
2. **Advisor’s Report**
3. **Chair's Report(s)**
   1. **Welcome Breann Guzman: New Fitness Coordinator on the COSWB Board!**
4. **Group Project/Member Report(s)**
   1. **Ashley (Outreach) - Acai Bowl Collaboration with IV Food Co-op** 
      1. When: February 3rd, 5-6pm
      2. Supplies: bananas, strawberries, acai mix, apple juice, honey, coconut shreds, golden/gojiberries
   2. **Kim - Collaboration with Blenders for Midterms** 
      1. Price: Still in discussion
   3. **Joel - Daily Nexus Advertisement** 
      1. Quarter Sheet ad: $175
      2. Still in discussion for reduced pricing
   4. **Bradley - Wellness Speaker** 
      1. Tentative Date Range: 1 Hour Event
         1. 19th or 24th most likely
      2. Topic: Living in wellness
      3. Venue: Corwin Pavillion Booking
      4. Development of Resource Card to pass out to students at the end of the lecture
         1. Need to compile resources together from the professor and from CAPS - Bradley?
   5. **Nimrita - Nutrition Workshops** 
      1. heart health, foods to supplement immune system, students on a budget
      2. dates: Week 6 and Week 8
5. **ACCEPTANCE of AGENDA/CHANGES to AGENDA**
6. **ACCEPTANCE of ACTION SUMMARY/MINUTES**
7. **Approval of our Action Summary/Minutes from 1/14/15:**

**MOTION/SECOND: Brad/Breann**

**MOTION LANGUAGE:**  “I motion to approve the minutes from January 14, 2015.”

**ACTION: PASSED BY CONSENT**

1. **ACTION ITEMS**

**F-1. Old Business:**

1. Bike Fix It Station Request from Bike Committee
   * 1. $842 requested
     2. Bike Committee has reached out to EAB, IVTU, and IVCRC
     3. Concerned about location; is right next to a bike shop
     4. Will ask for more information

**F-2 New Business**

1. **Approval/Consideration of :** Acai Bowl Event - Ashley

**Event Name : Learn about Superfoods and make your own Acai Bowl!**

**Tuesday February 3rd: 5-6pm at IV Food Co-Op**

**MOTION/SECOND: Ashley/Lauren**

**MOTION LANGUAGE: “** I motion to spend no more than $350 on supplies and ingredients for the Acai Bowl Event”

**ACTION:** PASSED BY CONSENT

**Advisor/Staff recommendation/instruction/request:**

**Responsible for Follow-through: Ashley**

**Additional approval required? Yes**

1. **Approval/Consideration of** Funding for Dance Marathon

**Event Name :** Dance Marathon, February 28th.

**MOTION/SECOND: Nimrita/Lauren**

**MOTION LANGUAGE: “** I motion to spend no more than $1500 on funding toward the UCSB Dance Marathon.”

**ACTION:** PASSED BY CONSENT

**Advisor/Staff recommendation/instruction/request:**

**Responsible for Follow-through: Lauren**

**Additional approval required? Yes**

1. **Approval/Consideration of**  Funding for La Familia De Colores Fashion Show

**Event Name : La Familia De Colores Fashion Show Funding, Feb 26th**

**MOTION/SECOND: Brad/Lauren**

**MOTION LANGUAGE: “** I motion to spend no more than $300 on funding for the La Familia de Colores Fashion Show”

**ACTION:** PASSED BY CONSENT

**Advisor/Staff recommendation/instruction/request:**

**Responsible for Follow-through: Nimrita**

**Additional approval required? Yes**

1. **Approval/Consideration of** Flower and Compliments Tabling Event

**Event Name : Flower Tabling Event**

**MOTION/SECOND: Marisa/Brad**

**MOTION LANGUAGE: “** I motion to spend no more than $250 on supplies for the Flower and Compliments Tabling Event.”

**ACTION:** PASSED BY CONSENT

**Advisor/Staff recommendation/instruction/request:**

**Responsible for Follow-through: Marisa**

**Additional approval required? Yes**

**G. DISCUSSION ITEMS**

**G-1. Consideration of Fitness Series**

1. Fitness Series
   1. Are Digiknows running?
      1. Have been submitted 1/21/2015
   2. Has FB Boost Feature been used?
      1. Bradley has completed Tuesday Fitness Series Boost

**G-2. Consideration of** Co-Op Collaboration Projects

1. Raffle at fitness events for a blenders gift card
2. Consideration of reopening COSWB Eats project

**G-3. Consideration of** Outreach Ideas

1. Movie Night: need to get movie rights ($200-$300)
   1. can get from RHA

**G-4. Consideration of** Moving Fitness Classes closer to campus to address students in IV

1. St. Michael's Church - using their space
2. Hillel - can host 50
3. IV Clinic Building - can host 30
4. \*\* Dates that fitness coordinators can do for the 3rd series?\*\*
   1. Wednesday: 5-6 pm

**G-5. Consideration of** Acai Bowl Event - Ashley

* 1. Supplies needed: bananas, maple pecan dream granola, golden/gojiberries, acai puree mix, coconut shreds, honey, strawberries, apple juice
  2. Zero waste committee - utensils
  3. Joel - Flyer layout - 1/4 flyer
  4. Brad - Digiknow
  5. Actual Event: Almost all of board can be present except for fitness coordinators
  6. Tabling Thurs 29th: 3pm, at the Arbor!
     1. Nimrita, Brad, Joel, Ashley, Kareena (3:15)
  7. Tuesday February 3rd: 4pm (cutting fruit):
     1. Brad, Lindsey, Ashley, Kim, Joel (4:30), Kareena

**REMARKS:**

**ADJOURNMENT:**

**MOTION/SECOND: Nimrita/Lauren**

**MOTION LANGUAGE:** “I motion to adjourn the meeting at 8:07pm.”

**ACTION:** PASSED BY CONSENT