## Commission on Student Well Being Minutes

## Associated Students

11/19/14, 8:00 pm

SRB: American Indian Resource Center

**CALL TO ORDER:** Lauren, 8:06pm

**A. MEETING BUSINESS**

1. **Roll Call**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Note:**  absent (excused/not excused)  arrived late (time)  departed early (time)  proxy (full name) | **Name** | **Note:**  absent (excused/not excused)  arrived late (time)  departed early (time)  proxy (full name) |
| Nimrita Singh | absent (excused) | Kareena Hundal | absent (excused) |
| Lauren Nagra | present | Breanna Casas | absent (excused) |
| Michelle Chiou | present | Marisa Pontrelli | absent (excused) |
| Kathryn Levine | absent (excused) | Ashley Rahbarpour | present |
| Lindsey Jesberg | present | Joel Kim | present  (arrived late: 8:10) |
| Kim Liao | present | Bradley Whittaker | present |

1. **Acceptance of Excused Absences**

**MOTION/SECOND: Lauren/Kim**

**MOTION LANGUAGE: “I motion to excuse Nimrita, Kathryn, Kareena, Bree, and Marisa from this week’s meeting.”**

**ACTION:** PASSED BY CONSENT

**B. PUBLIC FORUM**

* 1. Announcements/Information/Introductions

1. **REPORTS**
2. **Advisor’s Report**
3. **Chair's Report(s)**
4. **Group Project/Member Report(s)**
5. **ACCEPTANCE of AGENDA/CHANGES to AGENDA**
6. **ACCEPTANCE of ACTION SUMMARY/MINUTES**
7. **Approval of our Action Summary/Minutes from 11/12:**

**MOTION/SECOND: Lauren/Lindsey**

**MOTION LANGUAGE:**  “I motion to approve the minutes from November 12, 2014.”

**ACTION: PASSED BY CONSENT**

1. **ACTION ITEMS**

**F-1. Old Business:**

1. COSWB Stress Hearts Update
2. Finals Goodies Bags
   1. Final list: bluebook, scantron, stress ball, pen, pencil, apple, cutie, a compliment
   2. How much money needed for 350-400 bags?
   3. Decide 2 days and 2 locations for distribution:
3. COSWB Retreat Pictures/Bios
   1. Aim to complete this by the end of the weekend (Sun Nov 23).
      1. Lindsey and Joel
4. Food Demo during 1st week of December
   1. Finalized Plan: Thurs 12/4 12 or 2 pm at the Arbor (snack sampling)
   2. What needs to be bought: snack samples: banana chips, goji berries, dates, tea, hummus, pretzels
   3. Where, when, how much help needed: Want at least 4 people to help
   4. If this cash advance ($200) wasn’t submitted last week, then costs will be OUT OF POCKET.

**F-2 New Business**

1. **$$HONORARIA REQUESTS ARE DUE THIS FRIDAY AT 12PM!$$**
   1. Lauren and Nimrita will be making a facebook post late tonight or early tomorrow morning to provide you instructions on where to go and what to fill out for the submission form.
   2. Be sure to meet the deadline!

**G. DISCUSSION ITEMS**

**G-1. Consideration of**

1. Contribution to UCEN snacks for finals week.

* Decide what 2-3 things COSWB wants UCEN to offer that would be healthy and reasonable:
  1. Oranges/cuties
  2. Granola bars/trail mix/kind bars?
  3. Dried Fruit

**G-2. Consideration of** NEW COSWB PROJECTS!

1. Krav Maga Self Defense/Kickboxing Series
   1. Starting winter quarter
   2. Michelle
2. Healthy Vending Machines Advocation
   1. Update from Kim: Currently talking with Dining services; currently 30% healthy options--want to pursue a higher percentage, making it a campus policy to get healthier options.
3. Mixer 12/4 (7-9 pm)
   1. Ashley: health and fitness family feud, bring swag to give out, potentially snacks, hoping for Fiesta Room at Santa Catalina
4. Wellness Talk
   1. Brad: Winter Quarter, Looking into different speakers
5. Nap Station
   1. Joel: pictures/bio updates for the website

**G-3. Consideration of** Requisition Forms Timeliness

1. If you need to be reimbursed from any past purchases this quarter take care of this **as soon as possible**, bring a form and receipts to the next meeting.

**G-4. Consideration of** Changing next week’s meeting time

1. MONDAY @ 7:30, 8, 8:30? (6-7 is our fitness event)
2. Final decision: Will post a doodle for final time

**REMARKS**

**ADJOURNMENT:**

**MOTION/SECOND: Lauren/Michelle**

**MOTION LANGUAGE: "I motion to adjourn the meeting at 8:58 pm.”**

**ACTION:** PASSED BY CONSENT