

# **COSWB AGENDA**

Associated Students 4/1/13, 7:00pm SRB - Chicano Resource Room

CALL TO ORDER 7:00 pm

#### **A. MEETING BUSINESS**

#### A-1. Roll Call

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Lisa Schwartz		Miwa Guitierrez	excused
Lisa Doan-Minh		Diane Byun	
Natalya Asudillina		Hilary Kleger	Advisor
Rachel Frazin		Nimrita Singh	
Emily Lofthouse			

#### **B. ACTION ITEMS**

These are generally financial approvals. Detailed information and staff recommendations/reports are provided in attachments. Approvals of <u>allocations of funds</u> require Senate approval. <u>Travel requests</u> and <u>exceptions to policy</u> require Finance Board approval.

#### a. Free Fitness Tuesday

MOTION/SECOND: Lofthouse/Byun

MOTION LANGUAGE: I motion to allocate no more than \$200 for food for Free Fitness Tuesdays for

Spring quarter.

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? Senate

MOTION/SECOND: Lofthouse/Byun

MOTION LANGUAGE: I motion to allocate \$450 for instructors for Free Fitness Tuesdays for Spring

quarter.

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

**Responsible for Follow-through:** 

Additional approval required? Senate

MOTION/SECOND: Lofthouse/Byun

MOTION LANGUAGE: I motion to allocate \$100 for Diginknows for Free Fitness Tuesdays for Spring

quarter.

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? Senate

MOTION/SECOND: Lofthouse/Doan-Minh

MOTION LANGUAGE: I motion to allocate \$300 for A.S. Pubs Printing Account for Free Fitness

Tuesdays for Spring quarter. ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through: Additional approval required? No

#### b. Krav Maga

MOTION/SECOND: Byun/Lofthouse

MOTION LANGUAGE: I motion to allocate no more than \$800 for instructors for Krav Maga for Spring

quarter

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

**Responsible for Follow-through:** 

Additional approval required? Senate

MOTION/SECOND: Doan-Minh/Lofthouse

MOTION LANGUAGE: I motion to allocate no more than \$200 for snacks for Krav Maga for Spring

quarter

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

**Responsible for Follow-through:** 

Additional approval required? Senate

#### c. Mental Health Summit

MOTION/SECOND: Lofhouse/Byun

MOTION LANGUAGE: I motion to allocate no more than \$100 for food for Mental Health Summit for

**Spring quarter** 

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

**Responsible for Follow-through:** 

Additional approval required? Senate

#### d. Sexpades Fair Tabling

MOTION/SECOND: Byun/Lofthouse

MOTION LANGUAGE: I motion to allocate no more than \$100 for tabling supplies for Sexpades Fair

**Tabling** 

**ACTION: Approve by consent** 

Advisor/Staff recommendation/instruction/request:

**Responsible for Follow-through:** 

Additional approval required? Senate

<u>F-1. Old Business:</u> Items that were continued from some previous meeting date to this date for further discussion, usually after new research/information which was not available at the previous meeting.

#### F-2 New Business

#### a. **Board Updates**

- a. Lisa D is back! Yay ©
- b. Natalya has taken over Brittany's position as Publicity coordinator ©
- c. Miwa cant make meetings

#### b. Volunteer w 10 Billion Lives

- a. April 8 & 9 from 9:30a-3:30p
- b. Natalya can volunteer from 10 am 12 pm

#### c. Sexpades Fair hosted by Womens Center

- a. Tuesday April 9 SRB LAWN 12-3
- b. Will do activity on body image. Ideas?
- c. Statistics on body insecurities (Natalya, Emily), two bodies, "what makes you feel sexy?", "you're not alone", different cultural perceptions of beauty (Rachel)

#### d. Forks Over Knives Movie

- a. Lisa S. will email Melissa and Katie for licensing
- b. Lisa D. will reserve room
- c. Wednesday 4/17/13 7 pm

"American physician <u>Caldwell Esselstyn</u> and professor of nutritional biochemistry <u>T. Colin Campbell</u>, the film advocates a low-fat <u>whole foods</u>, plant-based diet as a means of combating a number of diseases. It suggests that "most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods."

### e. <u>Campaigning</u>

- a. Need 60% of votes for lock-in fee
- b. Collaborate with Health & Wellness
- c. Dorms, tabling at Arbor
- d. pens, fruit leather with flier

# f. Leadership next yr

### g. Chilla Vista

- a. wellness table, Lisa S. will contact
- b. mural on canvas
- c. flier with stress tips

### h. Food Demos

# i. Positive Writing Workshop

- a. Natalya will email Professor Sherman
- b. emotion shifting series

# j. American culture vs. other cultures on food

a. Nimrita will email Professor Gilbert

**ADJOURNMENT** 7:58 pm