

COSWB AGENDA

Associated Students

3/4/13, 7:00pm

SRB - American Indian Resource Room

CALL TO ORDER

A. MEETING BUSINESS

1 Roll Call (Pre-entered Names)

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Lisa Schwartz		Miwa Gutierrez	
Lisa Doan-Minh	Excused	Diane Byun	
Brittany Natali	Excused	Hilary Kleger	Advisor
Rachel Frazin		Natalya Asudillina	Excused
Emily Lofthouse	Excused		
Diane Byun			

Also present:

Erin Winsor (Mental Health Peers)

B. PUBLIC FORUM

- a Announcements/Information/Introductions
 - b Testimony for items on today's agenda (out of order)
 - c Appreciations/Concerns
 - d Request to have item added to today's agenda
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C REPORTS

- 1 Advisor's Report**
- 2 Executive Officer's Report(s)**
 - a Miwa: budget
- 3 Group Project/Member Report(s)**

D ACCEPTANCE of AGENDA/CHANGES to AGENDA

E ACCEPTANCE of ACTION SUMMARY/MINUTES

F ACTION ITEMS

These are generally financial approvals. Detailed information and staff recommendations/reports are provided in attachments. Approvals of allocations of funds require Senate approval. Travel requests and exceptions to policy require Finance Board approval.

MOTION/SECOND: Miwa/Rachel

MOTION LANGUAGE: I motion to allocate \$20 for post-its to make 'rainbow of ideas' to Mental Health Peers distress event for Winter Quarter 2013.

ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? No

F-1. Old Business: Items that were continued from some previous meeting date to this date for further discussion, usually after new research/information which was not available at the previous meeting.

- a **Food Frenzy Demo Day**
 - a Needed more food.
 - b Complaints about use of ingredients. (Some people didn't like cauliflower)

 - b **Passport to Mental Health**
 - a Organized by San Raphael Hall Council
 - b Held Wednesday 2/27
 - c We participated but low turnout
 - d Needed more exposure
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F-2 New Business

a Petitions to get on the ballot for fee initiative

- a Must present to senate & Diane will present at finance board
- b Lisa will let Diane know if/when Finance Board meets

b Chancellor Presentations

- a The Chancellor's Office is setting up a meeting with administration and student leaders about mental health issues and how to address them efficiently from a top down approach.
- b Meeting with Chancellor along with other Mental Health organizations (12:00-2:00)
- c Bring up stigma

c Destress Fest: Bounce House

- a Wednesday, March 6
- b 12:00 – 2:00
- c Received confirmation
- d TIME SIGN UPS:
 - i Rachel: 1:00 to 2:00
 - ii Diane: 12:00 to 1:00
 - iii Miwa: 12:45 to 1:15
 - iv **Emily:**
 - v **Brittany:**
 - vi Publicity: E-mail out to COSWB contacts; FB
 - vii Advisor/Staff recommendation/instruction/request:
 - viii Responsible for Follow-through:

d Destress fest: Sexuality

- a Friday, March 8 (11:00-3:00)
 - i Decided against feminine hygiene tabling. Will table at a future workshop instead of this sexuality event

e Tabling @ Dog Therapy Day with H&W

- a Thursday, March 14
- b Anytime btwn 10:00 – 3:00
- c Sign up:
 - i Lisa: 12:45 – 1:45
 - ii Miwa: 10:00-11:00
 - iii **Brit:**
 - iv Rachel: 2:00-3:00
 - v Diane: 11:00-12:00
 - vi **Emily:**

- vii Publicity: Facebook
- viii Advisor/Staff recommendation/instruction/request:
- ix Responsible for Follow-through:

f **Sex Fair hosted by Women’s Center & Campus Advocacy**

- a Tuesday, April 9th
- b 12:00 – 3:00 pm
- c Lisa will email confirmation

g **UCSB Suicide Awareness/Prevention Walk**

- a Sunday, April 21st
- b 11:00 AM @ Goleta Beach
- c Read info email from Casey
 - i Publicity: E-mail out to COSWB contacts; FB
 - ii Advisor/Staff recommendation/instruction/request:
 - iii Responsible for Follow-through:
- d Link will be e-mailed to everyone
- e Overall goal: \$5000
- f Lisa met with Casey
 - i Need help publicizing and getting student involvement
 - ii Free to register (open to non-UCSB students as well), but encouraged to raise funds and gain sponsors.
- g Publicize at the Rec-Cen to recruit ‘fit’ members

h **Mental Health Peer Updates**

- a First day of De-Stress fest went well, but number of people who turned up was less than expected
- b Thursday is RITA Project
 - i throw dishes to release anger
- c Needs post-its for a project

i **Wellness Festival**

- a Thursday, April 11th 10:00-2:00
 - i Will book first day of quarter

G DISCUSSION ITEMS

Items on which we may make a decision in the future. Public testimony is welcome. We will not make decision motions but may instruct members/staff to do research and/or place item on future agenda.

- Andrea Story (eating disorder program)
- Get a speaker for a big event about mental health

ADJOURNMENT
