## Commission on Student Well-Being Minutes

## Associated Students

2/4/15, 7:00 pm

SRB: American Indian Resource Center

**CALL TO ORDER: Nimrita, 7:10 pm**

**A. MEETING BUSINESS**

1. **Roll Call**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Note:**absent (excused/not excused)arrived late (time)departed early (time)proxy (full name) | **Name** | **Note:**absent (excused/not excused)arrived late (time)departed early (time)proxy (full name) |
| Nimrita Singh | present | Kareena Hundal | late (7:16) |
| Lauren Nagra | present |  Breann Guzman  |  present  |
|  |  | Marisa Pontrelli | present |
|  |  | Ashley Rahbarpour | present |
| Lindsey Jesberg |  absent (not excused)  | Joel Kim |  present |
| Kim Liao | present | Bradley Whittaker | present |

**B. PUBLIC FORUM**

1. Announcements/Information/Introductions

**C. REPORTS**

1. **Advisor’s Report**
2. **Chair's Report(s)**
	1. **Event feedback: COSWB Acai Bowls**
		1. **Needed more people to help out, needed to be more organized and do more prep work before hand. ‘**
		2. **Overall a really great event!**
		3. **Write a thank you letter to the co-op**
3. **Group Project/Member Report(s)**
	1. **Kim - Collaboration with Blenders for Midterms/Finals/During Fitness Events**
		1. Will be assisting Fitness Coordinator Breann with delivery of smoothies for Free Fitness Tuesday Events
		2. Need to be reimbursed for parking pass to allow for campus parking near Santa Rosa location
	2. **Breann**
		1. Need to make a sign for Free Fitness Tuesdays so passerby know what event is is
	3. **Marisa and Ashley - Flower and Compliments Tabling Event:**
		1. Still need to discuss a date where most of the board can help with tabling
		2. Event will be late February, since Valentines day conflicts with getting the flowers in time
	4. **Bradley - Wellness Speaker**
		1. Date is set: Tuesday, Feb 24th, 6-7:30pm, Mission Room in the UCEN
			1. Seats 40
		2. Development of Resource Card to pass out to students at the end of the lecture
			1. Need to compile resources together from the Professor and from CAPS - Brad will work on this
		3. Publicity Plan:
			1. Flyers Design: Brad will pass on flyer information to Joel
			2. Digi Know: Brad
			3. Facebook Event: Joel
			4. University Wide Email: Brad
			5. Tabling for Event: Thursday February 19th from 3-5pm
				1. Ashley, Nimrita, Brad
		4. Can reach out to Health and Wellness, EOP, Katia from OSL, etc
4. **ACCEPTANCE of AGENDA/CHANGES to AGENDA**
5. **ACCEPTANCE of ACTION SUMMARY/MINUTES**
6. **Approval of our Action Summary/Minutes from 1/28/15:**

**MOTION/SECOND: Nimrita/Lauren**

**MOTION LANGUAGE:**  “I motion to approve the minutes from January 28, 2015.”

**ACTION: PASSED BY CONSENT**

1. **ACTION ITEMS**

**F-1. Old Business:**

**F-2 New Business**

1. **Approval/Consideration of :** Reimbursing Kim Liao for Campus Parking Pass used specifically to drive over smoothies for Free Fitness Tuesdays
	1. Will be used for the remainder of the quarter
	2. Makes it easier to deliver the supplies weekly

**Event Name:** Free Fitness Tuesdays

**MOTION/SECOND: Kim/Joel**

**MOTION LANGUAGE:** "I motion to spend no more than $30 for Campus Parking for Free Fitness Tuesdays”

**ACTION:** PASSED BY CONSENT

**Advisor/Staff recommendation/instruction/request:**

**Responsible for Follow-through:** Kim

**Additional approval required? Yes**

**G. DISCUSSION ITEMS**

**G-1. Consideration of** Tabling for V-Day Celebration: February 12th: 11am-2pm

* Tabling Times:

Shannon (12:30-2), Kim (12-12:45), Brad (11-12), Lauren (1-2), Joel (12-1),

Kareena(11-12:15), Marisa (1-2), Nimrita (won't be available)

* Tabling Idea:

Love Yourself Poster Board (heart shaped) - Students write on a post it note to share

their thoughts

* Going to buy it: Shannon

Also give out stressballs (at Pardall) and pens (Marisa)

**REMARKS:**

**ADJOURNMENT: 8:05 pm**

**MOTION/SECOND: Nimrita/Lauren**

**MOTION LANGUAGE:** “I motion to adjourn the meeting at 8:05pm**"**

**ACTION:** PASSED BY CONSENT