



COSWB MINUTES

Associated Students

11/6/12, 6:00pm

SRB - Asian Resource Room

CALL TO ORDER Lisa Schwartz

A. MEETING BUSINESS

A-1. Roll Call

Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)	Name	Note: absent (excused/not excused) arrived late (time) departed early (time) proxy (full name)
Lisa Schwartz		Miwa Guitierrez	
Lisa Doan-Minh		Hilary Kleger	
Brittany Natali		Diane Byun	absent
Rachel Frazin			
Emily Lofthouse			
Taryn Sanders			

B. REPORTS

B-1. Executive Officer's Report(s)

- a. Miwa: budget
 - Special projects: spent \$489, have \$19,100 left
 - Operating: spent \$97
- b. Emma: FFT
 - Contact KCSB (Brittany) , OSL (Brittany), CAB (Lisa D.) , Nexus (Emma, Rachel)

C. ACTION ITEMS

MOTION/SECOND: Natali/Lofthouse

MOTION LANGUAGE: Allocate \$50 for AS publishing to create a quick copy account

ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? No

C-1. Old Business:

- a. **Guest lecture from the Baldwin's**
 - a. Potential topics: healthy sex
 - b. Waiting for response, Miwa will attend office hours

Advisor/Staff recommendation/instruction/request:
Responsible for Follow-through: Rachel Frazin
Additional approval required? No

b. November 14 3pm Yoga

- a. Publicity? Digiknow, Flush, flyers – talk to OSL
 - Information for Flush was sent out, Rachel will follow up with freshman
- b. Confirmed instructor—Melanie
- c. Food – co-op sandwiches, Lisa D.
- d. Sign-in with e-mail

MOTION/SECOND: Natali/Lofthouse

MOTION LANGUAGE: I motion to spend \$50 for food for yoga on November 14th

ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? No

MOTION/SECOND: Natali/Lofthouse

MOTION LANGUAGE: I motion to amend the original motion of \$50 to \$100 for food for yoga on November 14th

ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? Senate

MOTION/SECOND: Lofthouse/Sanders

MOTION LANGUAGE: I motion to spend \$50 to pay for yoga instructor on November 14th

ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? No

c. Healthy eating project

- a. Publicity: E-mail out to COSWB contacts
 - Advisor/Staff recommendation/instruction/request:
 - Responsible for Follow-through: Lisa S, Diane, Miwa, Rachel
 - Additional approval required? No

C-2 New Business

a) Alex Loria Public Relations

- Who We are
 - Educate our peers on mental and physical well-being by providing activities and information

- Positive peers outreaching to our fellow compadres, we gaucho back
- Promote wellness on UCSB campus
- What We Do
 - Free fitness events
 - Education
 - Cooking events
 - Provide resources
 - Safe space for everyone
 - Snacks
- Why We Do It
 - Better community
 - Important
 - We care about the well-being of others
 - Community building a healthy community
 - Healthy = happy
- Upcoming Events
 - Free fitness classes
 - Healthy eating workshops
 - Guest lectures
- Facts on Good Health
 - Lisa S. will look up
 - Say three things you look about yourself—positive affirmations
 - Gratitude before you go to bed
 - Highs and lows

Advisor/Staff recommendation/instruction/request:
 Responsible for Follow-through: Lisa S.
 Additional approval required? No

b) Org Sync

- a. Make usernames and request to join

c) Tampon Update

- a. Vagina monologues show at the beginning of February
- b. Diane to e-mail any related student groups to work with

Advisor/Staff recommendation/instruction/request:
 Responsible for Follow-through: Rachel, Diane
 Additional approval required? No

d) Meet and Greet with other health related orgs

- a. Catered lunch, brainstorming session
- b. Active Minds, Distressed Students, Mental Health Peers, Healthy Eating Interns, counseling, Stress Management Peers, Health & Wellness Interns, UCSB Sexperts, Counselors, EOP Mentors

Advisor/Staff recommendation/instruction/request:
Responsible for Follow-through: Diane
Additional approval required? No

e) Healthy Eating Workshop

- a. Meeting re-cap
- Recommended to make canned or frozen food, limit use of oven
 - Send recipes to rachelpfrazin@gmail.com
 - November 19th

Advisor/Staff recommendation/instruction/request:
Responsible for Follow-through: Lisa S, Rachel
Additional approval required? No

f) Elections committee Fees Statement for Lock In

- a. Due Nov 9

Advisor/Staff recommendation/instruction/request:
Responsible for Follow-through: Lisa S
Additional approval required? No

g) Space Needs E-mail.

- a. Include that we are applying for lock in. add fees for computers? Rent? Was told that groups with lock in fees must pay for their own comps. Send draft to hil first

Advisor/Staff recommendation/instruction/request:
Responsible for Follow-through: Lisa S
Additional approval required? No

h) Blood drive

- a. Any in favor? Can provide healthy food after donation

Advisor/Staff recommendation/instruction/request:
Responsible for Follow-through: Lisa S
Additional approval required? No

D. DISCUSSION ITEMS

Items on which we may make a decision in the future. Public testimony is welcome. We will not make decision motions but may instruct members/staff to do research and/or place item on future agenda.

D-1. Grow workshop

AS Student Lobby will be sponsoring a Grass Roots Organization Weekend (GROW) Jan 18-20, 2013. The GROW, facilitated by United States Student Association, is a comprehensive three-day training for student organizers that focuses on increasing student power, effective strategizing for campaigns, increasing membership of your organization, and winning concrete victories. This grass roots training is a great way to organize effective campaign strategies for the upcoming AS elections whether organizing your individual campaigns or working on a camping to reaffirm your organizations lock-in fees The GROW is entirely FREE to

all students and organizations! Please RSVP by completing an application and turning it into the AS Student Lobby office (2nd floor MCC) or by emailing it to sbstudentlobby@gmail.com

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through: Rachel

G-2. Tampon campaign

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through: Lisa

G-3. Scantrons & Fruit for Dead Week

MOTION/SECOND: Natali/Lofthouse

MOTION LANGUAGE: I motion to spend no more than \$250 for scantrons and fresh fruit for the students during dead week

ACTION: Approve by consent

Advisor/Staff recommendation/instruction/request:

Responsible for Follow-through:

Additional approval required? Senate

ADJOURNMENT 7:10 pm