

## **COSWB Minutes**

### **Associated Students**

**Date, Time: 10/15/20, 7:00pm**

**Location: Zoom**

**Meeting called to order by: Natasha Auer**

**Minutes taken by: Michaela Burgos**

### **A. MEETING BUSINESS**

#### **A-1. Roll Call**

<b>Name</b>	<b>Note: Absent (excused/not excused) Arrived late (time) Departed early (time) Proxy (full name)</b>	<b>Name</b>	<b>Note: Absent (excused/not excused) Arrived late (time) Departed early (time) Proxy (full name)</b>
Natasha Auer	Present	Natalia Vasquez	Absent(Excused)
Lisa Liu		Michaela Burgos	Present
Justin Lau	Present	Maliha Khan	
Arianna Stecca	Present	Michelle Feng	Present
Alyssa Young	Present	Alyssa Kuri	Present
Tiffany Chen		Elisabeth Rindner	
Alyssa Thomas	Present	Maddie Russell	Present
Michelle Tu			

#### **A-2. Acceptance of Excused Absences - Motion Passes.**

**Motion/Second: NA**

**A-3. Acceptance of Proxies**

**B. Public Forum**

**I.**

**C. REPORTS**

**C-1. Advisor's Report**

**C-2. Executive Officer's Report**

**D. Upcoming Events**

**C-3. Group Project/Member Report(s)**

**Chair: Natasha**

**I. Nutritional coordinator dropped out**

**a. Need to find a new person to fill the position**

**II. Anything that has to do with Rodney will be postponed**

**Chair: Natalia**

**I. Make sure everyone has access to the Google Drive**

**A. Suggest that everyone upload the blurb/photo to the COSWB Google Drive**

**II. Working on getting the Instagram password because the one we had doesn't work**

**III. Working on making the new publicity coordinators admin for the facebook page**

**Vice Chair: Lisa**

**I. No updates**

**Internal: Michaela**

**I. No updates**

**Finance: Justin**

- I. Still the same amount as last time - \$800 dollars
- II. \$40,321 left for the rest of the year

**External Coordinator: Arianna**

- I. Going to reach out Public and Mental Health commission
  - A. also the The Health and Wellness commission
  - B. Also partners in wellness
- II. Natasha will give her the email account login so that she can talk to people who have reached out to us to collaborate

**Fitness: Maliha**

- I. Going to be the yoga instructor
- II. Just waiting on a time from her that does not conflict with the other fitness coordinators

**Fitness: Michelle F.**

- I. Tuesday 10-11 and friday 9-10
- II. pilates

**Fitness: Alyssa Y.**

- I. I have everything except for [the Concert-Lecture Agreement](#) ready for my HIIT Classes with Rebekah Tang.
  - A. Has Rodney gotten it approved by Ed yet?
    - 1. Other than this, I just need to be approved to send Rebekah \$700 for 7 classes this quarter. I already filled out the [requisition form](#) with all the details, to be signed by one other authorized signer once it is passed in our meeting.
  - B. The [invoice](#) and any other documents can be found in the [HIIT Fitness Series folder](#).
- II. The HIIT classes will be Wednesdays (10/21-12/2) 9am-10am. Could publicity help me advertise it to students?
  - A. RSVP Form: <https://forms.gle/8T7Eua1LdDLE1mZP9>
  - B. The form includes the [a link to the downloadable waiver](#) and a section for registrants to upload their signed form.
  - C. Also, will the class information be put on our website and Shoreline?

**Publicity: Alyssa K.**

- I. Helping more with the instagram when able to get into the account

**Publicity: Tiffany**

- I. She will work on the website and the blurbs

**Nutrition: Elisabeth**

- I. No updates- she has dropped so we are going to look for a replacement

**Mental Health Coordinator: Alyssa T.**

- I. Had the first mental health meeting today
- II. A Mental Health workshop on the 27th

**Outreach Coordinator: Maddie Russell**

- I. Sent an email out to the transfer student coordinator to put on a zoom Halloween event with transfer student (6pm-8pm)
  - A. Will send an email out to us to see if we want to participate

**Womxn's Health: Michelle T.**

- I. No updates

**Senate Liaison:**

- I. Summer training are now on Youtube

**F. ACTION ITEMS**

**F-1. Old Business:**

**F-2 New Business:**

- A. Approval/Consideration of: HIIT class for the quarter

**MOTION/SECOND: Alyssa Young/Natasha Auer**

**MOTION LANGUAGE: "I move to pass 800 for HIIT classes this quarter"**

**ACTION: PASSED BY UNANIMOUS CONSENT**

**Advisor/Staff recommendation/instruction/request:**

**B. Approval/Consideration of:**

**MOTION/SECOND:**

**MOTION LANGUAGE:**

**ACTION:**

**Advisor/Staff recommendation/ instruction/request:**

**C. Approval/Consideration of:**

**MOTION/SECOND:**

**MOTION LANGUAGE:**

**ACTION:**

**Advisor/Staff recommendation/ instruction/request:**

**Adjournment:**

**Motion/Second: Alyssa Young/ Eileen Tran**

**Motion Language: "I move to adjourn the meeting at 7:36 pm"**

**Action: MOTION PASSED**