

# **COSWB Minutes**

**Associated Students**

**Date, Time: Jan. 13, 2021, 7:00pm**

**Location: Zoom**

**Meeting called to order by: Natalia Vasquez**

**Minutes taken by: Michaela Burgos, Natalia Vasquez**

## **A. MEETING BUSINESS**

### **A-1. Roll Call**

<b>Name</b>	<b>Note: Absent (excused/not excused) Arrived late (time) Departed early (time) Proxy (full name)</b>	<b>Name</b>	<b>Note: Absent (excused/not excused) Arrived late (time) Departed early (time) Proxy (full name)</b>
Natasha Auer	Present	Natalia Vasquez	Present
Lisa Liu	Absent	Michaela Burgos	Present
Justin Lau	Present	Maliha Khan	Absent
Arianna Stecca	Present	Michelle Feng	Present
Alyssa Young	Absent (excused)	Alyssa Kuri	Present
Tiffany Chen	Absent	Alyssa Thomas	Absent (excused)
Maddie Russell	Absent (excused)	Michelle Tu	Present

### **A-2. Acceptance of Excused Absences - Motion Passes.**

**Motion/Second: NA**

**A-3. Acceptance of Proxies**

**B. Public Forum**

**I.**

**C. REPORTS**

**C-1. Advisor's Report**

**I.**

**C-2. Executive Officer's Report**

**D. Upcoming Events**

**C-3. Group Project/Member Report(s)**

**Chair: Natasha**

- I. Retroactive honoraria was sent out, fill it out.**
- II. Fitness coordinators and anyone planning an event should talk to Alyssa Kuri about times and dates of upcoming events .**
- III. Grocery startup company collab.**
- IV. AS mental health wants to collab on a birth control project.**

**Chair: Natalia**

- I. Paint night project**

**Vice Chair: Lisa**

- I. No updates**

**Internal: Michaela**

- I. No updated**

**Finance: Justin**

- I. \$15,000 left for special projects**

**External Coordinator: Arianna**

- I. Talking to Maddie and we are looking into doing a CalFresh registration event.

**Fitness: Maliha**

- I. No updated

**Fitness: Michelle F.**

- I. Fitness instructor sent all the forms needed like the W9 and insurance, I will send the forms to Rodney so it can be approved.
  - a. I made a flier to be posted on the instagram and shoreline.

**Fitness: Alyssa Y.**

- I. HIIT classes are going well
- II. Posted to the facebook page in hopes of getting more registrations
  - A. Needs to work on graphics
- III. CAB collab with zero waste committee- doing care packages and will have a meeting this weekend to talk about it

**Publicity: Alyssa K.**

- I. Posted poles on instagram and people said they wanted a Spotify and apple music playlist.

**Publicity: Tiffany**

- I. No updated

**Nutrition:**

- I.

**Mental Health Coordinator: Alyssa T.**

- I. Will be trying to figure out dates for the healthy snacks, stress toolbox, and intro to DBT workshops this week

**Outreach Coordinator: Maddie Russell**

- I. Arianna (External Coordinator) and I are going to look into coordinating a CalFresh sign up zoom with an advocate from CalFresh. We just have to discuss times that work for us and then see if it works for the advocates too
- II. 1,000 Residents are moving into the university apartments this weekend and around 70% of them are freshmen, so start planning events and promoting them because we may actually have some turnout now. I'm an RA so I can possibly advertise to some of our residents!

**Womxn's Health: Michelle T.**

- I. Approval of menstrual cycle project.
- II. Care package ideas or collab with the zero waste commission
- III. sustainability and women health care project ideas.

**Senate Liaison: April Zhang**

- 1. Focus on mental health projects
  - a. Reach out to minority student orgs
  - b. ASOB host a mental health town hall
  - c. Working with Academic senate to create a mental health course for students to complete

**F. ACTION ITEMS**

- Fitness coordinators and anyone planning an event needs to email Alyssa Kuri by friday letting her know times and dates. (even if you're not 100% sure)
- Care collab meeting this week
- Look into advertisements on facebook and instagram and also look into purchasing a premium Canvas account

**F-1. Old Business:**

**F-2 New Business:**

**A. Approval/Consideration of:**

**MOTION/SECOND:**

**MOTION LANGUAGE:**

**ACTION:**

**Advisor/Staff recommendation/instruction/request:**

**B. Approval/Consideration of:**

**MOTION/SECOND:**

**MOTION LANGUAGE:**

**ACTION:**

**Advisor/Staff recommendation/ instruction/request:**

**C. Approval/Consideration of:**

**MOTION/SECOND:**

**MOTION LANGUAGE:**

**ACTION:**

**Advisor/Staff recommendation/ instruction/request:**

**Adjournment:**

**Motion/Second: Natasha Auer/Justin Lau**

**Motion Language: "I move to adjourn the meeting at 7:40pm"**

**Action: Motion passed by unanimous consent**