### CARE MAIL 11/29/2006

# **VOLUNTEER NEEDS:**

Operation 2020

The goal of this organization is to eliminate childhood blindness by the year 2020, which is caused by malnutrition, specifically Vitamin A deficiencies. Their fundraising goal is to raise \$1 million to treat 4.5 million children with the right amount of Vitamin A. They are having a mail out Wednesday night at 5:30 pm and are in desperate need of volunteers. Please contact Jessamyn Wead at Wead@umail.ucsb.edu to sign up and for further information or driving directions.

A new campus organization is beginning! SAG, Students Against Genocide is having their first meeting, Tuesday night at 7:30pm at Hillel in Isla Vista. They will be discussing their upcoming Darfur Awareness Week, February 12 – 19. All are welcome to attend and participate.

# Special Olympics General Orientation

What? Interested in volunteering with Special Olympics? Come to the General orientation to learn more about volunteer opportunities and become a certified Special Olympics volunteer. Contact Britney Weinberg-Lynn at britwl@umail.ucsb.edu When? This Wednesday at 7pm

Where? In the Westside Community Center

# Girls Inc Open House

What? Girls Inc. is having its monthly open house! If you are interested in going to find out more about the program, RSVP to Beth at 805-963-475 ext 14 or bcleary@girlsincsb.org

When? Wednesday, November 29 at 4:30 – 5:45

Where? At the Girls Inc. Santa Barbara Center, 531 E. Ortega Street (corner of Ortega and Salsipuedes)

# Pizza and Hat Making Party with Special Olympics

What? The Special Olympic Athletes will be marching in the Holiday Parade on December 1 and need fun hats to wear! So, come join them, hang out with athletes, eat pizza, and make holiday themed hats! Contact Britney Weinberg-Lynn at britwl@umail.ucsb.edu or 925-285-9699

When? November 30 at 6pm

Where? In the CAB office

### Parent's Night Out

What? A night of free babysitting for local IV parents. CAB members hang out and play with kids at IV Elementary so their parents can enjoy the night off. Contact Kelsey South if interested at Kels@umail.ucsb.edu or 951-522-2095

When? Friday, December 1 from 6-8pm

Where? IV Elementary School on El Colegio across from FT

Goleta Valley Beautiful is hard at work, making this community a better place by expanding our urban forest with beautiful green trees. Volunteers needed! Please come out this weekend and plant some trees for our planet!! Wear comfortable shoes. If you can't make it this weekend...GVB HOSTS TREE PLANTING EVERY SATURDAY! Email gvbvolunteer@gmail.com to schedule a date.

Where? EAB meets at Bagel Café at 9am and bikes over

Dos Pueblos High School

7266 Alameda Ave

Corner of Hollister and Turnpike

HOW TO GET THERE: North on Storke Road (toward mountains), Over freeway onot N. Glen Annie Road, Left onto Cathedral Oaks Road, Turn Left onto Alameda Ave, Look for BIG WHITE truck

When? Saturday, November 18, 9AM to NOON

# Adopt-A-Block Community Clean Up

What? Come work of your holiday turkey and show some IV love for the season. Join Adopt-A-Block in cleaning up the streets of IV! It's the last clean up of 2006! Bring your friends, group, organization and or roomies! Contact Jessica Van Leuevn at cleaniv@ivparks.org if interested

When? Sunday, December 3 from 10am - 1pm

Where? Meet at the IV Rec and Park District Office at 961 Embarcadero del Mar in Isla Vista. It is the large corner lot with the huge palm tree, across the street from Cantina, Naan Stop, Rosaritos, and DejaVu. It is next door to the IV Food Coop and behind them is Hempwise and Pita Pit.

#### Trick or Can

What? As another push to get m ore cans for our 100K Canned Food Drive, we will be hosting Trick or Can! Come out to Anisquo Park in HALLOWEEN COSTUMES to go door to door collecting cans! Contact Britney Weinberg-Lynn to sign up at britwl@umail.ucsb.edu or 925-285-9699

When? Sunday, December 3 at 3 pm

Where? Meet at Anisquo Park and head into IV from there!

# CAB's Holiday Adopt-A-Family

What? CAB is going to "adopt" a local in need family and fulfill their holiday wish list. Details are still in the works, but contact Ellie Stone if interested at elissastone@umail.ucsb.edu

When? We will probably go shopping this Sunday, December 3!

# The Unity Shoppe Telethon

What? The Unity Shoppe is a Public Benefit Corporation that encourages self-sufficiency and independence by providing education and the necessities of life to families, children, seniors and persons with disabilities during periodic times of crisis. These necessities are provided in a dignified manner without regard to political affiliation, religious belief or ethnic identity.

When? This Sunday they are having a telethon! Call in your pledge at 805-882-0555 from noon to 11pm!

Check out more information about The Unity Shoppe at www.unityshoppe.org

#### MDA's Fill The Boot

What? The Muscular Dystrophy Association and the local Fire Fighters will be joining together to raise money for local families and individuals living with any one of over 40 neuromuscular diseases (including ALS, also known as Lou Gherigs's Disease) On Saturday, the Fire Fighters will turn the intersections of the various cities participating into voluntary toll roads. Motorists that would like to contribute when stopped at the red light will toss pocket change into the empty fire boots, thereby "filling the boot." On Sunday, we will be holding a Fire Fighter for ransom by putting him on top of a "cherry picker" lift and attempting to rescue him by raising funds. Their goal is to raise \$25,000, which helps provide local families affected by a neuromuscular disease with medical equipment such as wheelchairs, leg braces, and communication devices among other much-needed equipment. It will also send children to MDS's weeklong summer camp, fund research support groups, and a clinic at Cottage Hospital. If interested contact Allie Diaz at adiaz@mdausa.org or Ellie Stone at elissastone@umail.ucsb.edu.

When? From 9am – 3pm on Saturday, December 9 and Sunday, December 10

### Volunteer Needed

What? Ruth P. Demms is a resident at Buena Vista Care Center on Patterson Ave, just off 101 near UCSB. She is looking for help with a couple of needs: 1) Someone that could take her once a month to a hair dressing appointment at "Shear Artistry" 161 N. Fairview and 2) Someone that could take her out occasionally for about an hour or two so she could go for a walk. She likes to walk over in the area of Valle Verde care center. Her direct phone line is 805-976-1939. Her son, Peter Eselgroth, who lives in Pennsylvania can be reached at 610-688-9271.

# Special Olympics Floor Hockey Coaches

What? Special Olympics is looking for more floor hockey coaches! Contact Britney Weinberg-Lynn at britwl@umail.ucsb.edu for more information!

When? Practices are every Saturday from 10-12

Where? the UCSB Rec Cen.

# Community Kitchen

What? Community Kitchens is looking for volunteers to serve food to the homeless of the Casa Esperanza shelter any day of the week. If interested or you would like to reserve a spot, go to www.mycalendars.net/communitykitchen or contact Esteban Solis at 805-7057245

When? The dinners begin December 1 and go all the way till March 31.

# **Ongoing CAB Projects:**

UCSB Campus Wide Food Drive

What? Canned food drive to feed SB still in the planning stages! Your input is requested!

Talk to Britney or Kelsey after the meeting!

# Boys and Girls Club

What? Volunteers will tutor and spend time with kids at the Boys and Girls Club downtown! Rides can be provided! Contact Madeline Kokosinski at mkokosinski@umail.ucsb.edu for more info.
Where? Meet at the Campbell Hall bus loop
When? Wednesdays at 3:00
Boys and Girls Club trips go every week!

# Family Literacy Program

What? Tutor program for elementary school children. Volunteers will read to the child, and have them read to you! Contact Nancy Thuavanuti at Thuavanuti@umail.ucsb.edu or Christina Fulcher at Fulch747@aol.com or Lizzy Lalanne at elalanne@umail.ucsb.edu for more info!

When? You work out the schedule with the family, you give 1 hour a week.

# **Advancing College Transitions**

What? Volunteers will mentor first generation college students, you will attend events to get to know your student, go on trips to different college campuses, as well as SAT prep sessions. Contact Stephanie Romero, sjromero@umail.ucsb.edu or Kristie Summers, knsummers@umail.ucsb.edu for more info!

### Breakfast Club

What? Volunteers will help displaced members of the community. Hang out in the park and distribute bagels and juice to less fortunate members of our community. Contact Stephanie Romero at sjromero@umail.ucsb.edu for more info!

Where? Meet in front of St. Mark's Church Wednesday

When? 8-9 am

Breakfast Club meets every Wednesday!